



SAM HOUSTON
OUTDOOR TRACK & FIELD
RECORD BOOK

UPDATED JANUARY 2018

WOMEN'S OUTDOOR TRACK AND FIELD

ANNUAL SOUTHLAND FINISHES

Year	Head Coach	Meet Site	Finish	Points
1988	John Francis	Natchitoches, LA	6th	29
1989	John Lumley	Huntsville	6th	29
1990	John Lumley	San Marcos	4th	60
1991	John Lumley	Nacogdoches	5th	51
1992	John Lumley	Arlington	9th	9
1993	John Lumley	Monroe, LA	6th	53.5
1994	John Lumley	Lake Charles, LA	9th	22
1995	John Lumley	Denton	7th	25
1996	John Lumley	Natchitoches, LA	7th	41
1997	John Lumley	Huntsville	7th	39
1998	John Lumley	San Marcos	7th	56
1999	Greg Hinze	Nacogdoches	7th	60.5
2000	Greg Hinze	Natchitoches, LA	10th	21
2001	Greg Hinze	Arlington	4th	70
2002	Greg Hinze	Arlington	5th	71.75
2003	Greg Hinze	San Marcos	4th	94.5
2004	Curtis Collier	San Marcos	3rd	94
2005	Curtis Collier	Huntsville	1st	188
2006	Curtis Collier	Arlington	1st	164
2007	Curtis Collier	Nacogdoches	2nd	124
2008	Curtis Collier	Huntsville	1st	175.5
2009	Curtis Collier	Nacogdoches	4th	99
2010	David Self	Arlington	5th	67
2011	David Self	Natchitoches, La.	3rd	83.5
2012	David Self	San Marcos	9th	36
2013	David Self	Lake Charles, La.	3rd	100
2014	David Self	Conway, Ark.	1st	176
2015	David Self	Hammond, La.	2nd	143.5
2016	David Self	Corpus Christi	1st	147
2017	David Self	New Orleans, La.	2nd	164.5

ALL-AMERICA

Roshunda Betts	Javelin	2006	5th	173' 10"
Elizabeth Lyssy	Javelin	2016	23rd	146' 6"
Precious Madison	Long jump	2001	8th	20' 2.5"
Jennie Sewell	Pole vault	2007	5th	13' 3.5"
Ashley Jenkins	Hammer throw	2015	9th	202' 4"
	Hammer throw	2016	12th	200' 10"
Danielle Demas	100m hurdles	2015	10th	13.05
	100m hurdles	2016	7th	17.10

NCAA NATIONAL QUALIFIERS

Signe Bech	Javelin	2004	17th	
Roshunda Betts	Javelin	2005	26th	
	Javelin	2006	5th	
	Triple jump	2006	23rd	
Danielle Demas	100m hurdles	2015	10th	13.05
	100m hurdles	2016	7th	17.10
Gay Nell Gulihur	Shot put	1990	13th	
Ashley Jenkins	Hammer throw	2015	9th	202' 4"
	Hammer throw	2016	12th	200' 10"
Elizabeth Lyssy	Javelin	2016	23rd	146' 6"
Precious Madison	Long jump	2001	8th	
	Long jump	2002	16th	
Dess Meek	High jump	2008	16th	5' 9.75"
	High jump	2009	Prelims	
Jennie Sewell	Pole Vault	2004	15th	
	Pole Vault	2005	20th	
	Pole Vault	2007	5th	

NCAA WEST PRELIM ROUND FINISHES

Ruth Amaku	400m hurdles	2015	35th	1:01.31
	4x400 relay	2015	15th	44.98
Hannah Callaway	Pole vault	2017	26th	12' 11.5"
Kodii Church	4x400 relay	2015	15th	44.98
Tasha Crosse	Discus	2017	38th	158' 4"
Danielle Demas	100m hurdles	2014	15th	13.48
	100m hurdles	2015	4th	13.15
Lygia Foreman	400m dash	2014	39th	54.96
Jordan Grady	400m dash	2015	45th	55.49
	4x400 relay	2015	15th	44.98
Camry Grisby	4x400 relay	2015	15th	44.98
Kristine Hanks	Shot put	2015	42nd	46' 2"
Ashley Jenkins	Hammer	2014	41st	167' 5"
	Hammer	2015	11th	202' 9"
Elizabeth Lyssy	Javelin	2015	40th	139' 11"
Ambra McCuin	Triple jump	2010	27th	40' 9.5"
	Triple jump	2011	---	No mark
Adrienne Quillin	Hammer	2015	14th	200' 11"
Sabrina Starr	100m hurdles	2010	40th	14.15
	100m hurdles	2011	44th	14.38
	100m hurdles	2014	21st	13.72
Paula Smith	100m dash	2015	41st	11.71
Dakota Stewart	400m hurdles	2011	36th	1:01.24
Christina Webb	Shot put	2011	42nd	44' 8.25"
Kara Whitson	Pole vault	2014	36th	12' 3.25"
	Pole vault	2015	24th	13' 1"
Kaylynne Wright	Hamme	2014	38th	168' 8"
Shelbie Zotyka	Pole vault	2013	28th	12' 2"

NCAA REGIONAL FINALISTS

Roshunda Betts	Javelin	2005	6th	158' 2"
	Triple jump	2006	3rd	42' 11.5"
Chatterra Blake	100m hurdles	2006	15th	13.76
Allison Ferries	3,000 steeplechase	2007	18th	11:11.75
Quatinette Fields	4x100 relay	2006	8th	45.35
Jessica Fisher	4x400 relay	2008	7th	3:37.94
Alisha Fowler	High jump	2003	7th	5' 7.25"
Benita Jones	4x100 relay	2006	8th	45.35
Monika May	4x400 relay	2008	7th	3:37.94
Dess Meek	High jump	2008	1st	5' 11.5"
	High jump	2009	4th	5' 10"
Regina Offord	4x100 relay	2006	8th	45.35
Jennie Sewell	Pole vault	2004	7th	12' 10"
	Pole vault	2005	7th	12' 6"
	Pole vault	2007	1st	13' 11.75"
Tiffany Singleton	4x400 relay	2008	7th	3:37.94
Desiree Taylor	4x400 relay	2008	7th	3:37.94
Tara Tyler	100m hurdles	2006	7th	13.44
	4x100 relay	2006	8th	45.35

NCAA NATIONAL PROVISIONAL QUALIFIERS

Kim Buckner	400m hurdles	1999	59.20
Tricia Clacken	100m dash	1996	11.46
	200m dash	1996	23.71
Tiana Cook	110m hurdles	1998	59.38
Carol Dyer	400m hurdles	2001	58.94
Jill Jones	Long jump	1994	20' 4.5"
	Long jump	1995	20' 4.25"
Susie Jones	Heptathlon	1999	5154
Precious Madison	Long jump	2001	20' 2.5"
	Long jump	2002	20' 7"
	100m dash	2002	11.49
Signe Vest	Heptathlon	2005	5160"

SOUTHLAND CONFERENCE HONORS

Tristyn Allen	2017 Field Outstanding Performer
	Triple jump 1st 40' 9.5"
	Long jump 2nd 19' 5.5"
Kendall Bass	2008 Field Outstanding Performer
	Shot put 1st 44' 6.75"
	Hammer 3rd 165' 4"
	Discus 8th 126' 8"
Roshunda Betts	2006 Field Outstanding Performer
	Javelin 1st 168' 11"
	Triple jump 2nd 40' 10.5"
	Long jump 3rd 20' 0.5"
Lygia Foreman	2014 High Point Scorer
	200m dash 1st 23.97
	400m dash 2nd 53/89
	4x400m relay 1st 3:41.08
Baylee Lara	2017 Freshman of the Year
	Hepthalon 1st 4,919 points
Olivia Olguin	2014 Freshman of the Year
	10,000m run 2nd 37:30.21
	5,000m run 4th 18:20.63
Kara Whitson	2015 Student-Athlete of the Year
	Pole vault 2nd 13' 8.25"

SOUTHLAND COACH OF THE YEAR

Curtis Collier	2007 Women's Outdoor Coach of the Year
David Self	2008 Women's Outdoor Coach of the Year
	2014 Women's Outdoor Coach of the Year
	2016 Women's Outdoor Coach of the Year

SOUTHLAND CONFERENCE CHAMPIONS

Tristyn Allen	Triple jump	2017	40' 9.5"
Ruth Amaku	400m hurdles	2015	58.52
	4x400 relay	2013	3:41.40
	4x400 relay	2016	3:40.00
Nicole Aponte	1,500m run	2017	4:30.58
Kendall Bass	Shot put	2008	44' 6.75"
Roshunda Betts	Javelin	2005	163' 1"
	Javelin	2006	168' 11"
Kodii Church	4x400 relay	2016	3:40.00
Leatrice Coleman	Discus	1993	144' 7"
Tiana Cook	400m hurdles	1998	59.38
Danielle Demas	100m hurdles	2016	13.08
Alyssa Dooley	1500m run	2014	4:35.29
Allison Ferries	3,000 steeplechase	2008	11:14.58
Quatinette Fields	100m dash	2006	11.55
	200m dash	2005	23.77
	200m dash	2006	23.59
	400m dash	2003	54.87
Jessica Fisher	100m dash	2007	11.56
	200m dash	2007	23.54
	4x100 relay	2008	45.61
	4x400 relay	2008	3:44.28
Lygia Foreman	200m dash	2014	23.97
	4x400 relay	2013	3:41.40
Alisha Fowler	High jump	2003	5' 8.75"
	High jump	2005	5' 10.75"
Jordan Grady	400m dash	2015	53.91
	4x400 relay	2013	3:41.40
Camry Grigsby	4x400 relay	2016	3:40.00
Sarah Hershman	3000 steeplechase	2005	11:24.91
Ashley Jenkins	Hammer	2015	204' 10.5"
	Hammer	2016	215' 3"
Baylee Lara	Heptathlon	2017	4,919
Tiana Lee	400m hurdles	2008	1:01.20
	400m hurdles	2009	1:00.94
	4x100 relay	2008	45.61
Monika May	4x400 relay	2008	3:44.28
Briana McCall	4x400 relay	2016	3:40.00
Ambra McCuin	Triple jump	2010	40' 4.75"
	Triple jump	2011	42' 8.75"
Dess Meek	4x100 relay	2008	45.61
Devyn Mitchell	800m run	2009	2:12.12
Ana Moreno	5,000m run	2017	17:39.75
Cathy Nelson	800m run	1990	2:13.54
	800m run	1991	2:13.70
Regina Offord	4x100 relay	2008	45.61
Olivia Olguin	10,000m run	2017	36:59.34
Tenika Powell	Shot put	2006	46' 3.5"
Adrienne Quillin	Hammer	2013	181' 5"
Yarixza Rivera	Hammer	2017	175' 10"

CONFERENCE CHAMPIONS (Continued)

Karin Schardein	5000m run	1988	17:54.00
	5000m run	1990	18:38.45
Jennie Sewell	Pole vault	2004	12' 9.5"
	Pole vault	2005	11' 11.75"
	Pole vault	2007	13' 5"
Tiffany Singleton	400m dash	2008	53.86
	4x400 relay	2008	3:44.28
Sabrina Starr	100m hurdles	2014	13.19
Dakota Stewart	400m hurdles	2011	1:00.05
Darnesha Stonum	400m hurdles	2007	1:01.22
Desiree Taylor	400m dash	2007	56.28
	4x400 relay	2008	3:44.28
Signe Vest	Heptathlon	2004	4,922
Kara Whitson	Pole vault	2014	12' 10"
Tonica Wimberley	4x400 relay	2013	3:41.40
Shelbie Zotyka	Pole vault	2013	12' 10.75"
4x100 relay	Tiana Lee, Jessica Fisher Dess Meek, Regina Offord	2008	45.61
4x400 relay	Tiffany Singleton Jessica Fisher Monika May, Desiree Taylor	2008	3:44.28
4x400 relay	Tonica Wimberley, Lygia Foreman Ruth Amaku, Jordan Grady	2013	3:41.40
4x400 relay	Briana McCall, Kodii Church Ruth Amaku, Camry Grigsby	2016	3:40.00

ALL-SOUTHLAND CONFERENCE

Mallory Adams	Discus	2008	3rd	143' 3"
Tristyn Allen	Triple jump	2017	1st	40' 9.5"
	Long jump	2017	2nd	19' 5.5"
Ruth Amaku	400m hurdles	2013	2nd	1:00.91
	4x400 relay	2013	1st	3:41.40
	4x400 relay	2014	1st	3:41.08
	400m hurdles	2015	1st	58.52
	4x400 relay	2015	2nd	3:41.93
	400m hurdles	2016	2nd	58.82
	4x400 relay	2016	1st	3:40.00
Crystal Anderson	4x400 relay	2003	3rd	3:47.48
	4x400 relay	2005	2nd	3:41.75
Nicole Aponte	1,500m run	2017	1st	4:30.58
	800m run	2017	2nd	2:10.86
Kristian Austin	4x100m relay	2014	3rd	45.85
Erica Balderson	Javelin	2001	3rd	126' 11"
	Heptathlon	2002	2nd	4,861
	Heptathlon	2004	3rd	4,732
Kendall Bass	Hammer	2006	3rd	163' 6"
	Hammer	2008	3rd	165' 4"
	Shot put	2006	3rd	44' 11.5"
	Shot put	2008	1st	44' 6.75"
Roshunda Betts	Javelin	2005	1st	163' 1"
	Javelin	2006	1st	168' 11"
	Long jump	2006	3rd	20' 0.5"
	Triple jump	2006	2nd	40' 10.5"
Kim Buckner	400m run	1997	3rd	54.88
	400m run	1999	2nd	54.64
Ashley Casalini	4x400 relay	2006	2nd	3:43.14
	4x400 relay	2007	2nd	3:42.77
Kathy Chatham	High jump	1988	2nd	5' 6"
Kodii Church	4x400 relay	2016	1st	3:40.00
	4x400 relay	2017	2nd	3:42.40
Tricia Clacken	Long jump	1994	3rd	19' 3"
	Long jump	1996	3rd	19' 3.5"
	100m dash	1996	2nd	11.49
	200m dash	1996	2nd	23.71
	100m dash	1997	2nd	11.62
	400m relay	1997	3rd	46.16
Natalia Clark	Hammer	2006	2nd	165' 0"
Leatrice Coleman	Discus	1993	1st	144' 7"
	Discus	1994	3rd	130' 5"
Tiana Cook	100m hurdles	1998	3rd	14.09
	400m hurdles	1998	1st	59.38
Tasha Crosse	Discus	2017	2nd	151' 6"
Morgan Davis	Hepthalon	2012	2nd	5,149
Danielle Demas	100m hurdles	2014	2nd	13.36
	4x100m relay	2014	3rd	45.85
	4x100m relay	2015	2nd	45.11
	100m hurdles	2016	1st	13.08
	200m dash	2016	2nd	23.80

Alyssa Dooley	1500m run	2011	2nd	4:35.73
	1500m run	2012	2nd	4:31.94
	1500m run	2014	1st	4:35.29
Carol Dyer	400m hurdles	2001	2nd	59.38
Elizabeth Ene	4x100m relay	2014	3rd	45.85
	4x100m relay	2015	2nd	45.11
Jennifer Englebrink	1500m run	2002	2nd	4:31.46
Allison Ferries	3,000 steeplechase	2007	2nd	10:52.64
	3,000 steeplechase	2008	1st	11:14.58
Quantinette Fields	100m dash	2006	1st	11.55
	200m dash	2005	1st	23.77
	200m dash	2006	1st	23.59
	400m run	2003	1st	54.87
	4x100 relay	2004	2nd	45.84
	4x100 relay	2005	2nd	45.60
	4x100 relay	2006	2nd	45.35
	4x400 relay	2003	3rd	3:47.48
	4x400 relay	2005	2nd	3:41.75
	4x400 relay	2006	2nd	3:43.14
Jessica Fisher	100m dash	2007	1st	11.56
	100m dash	2008	3rd	11.66
	200m dash	2007	1st	23.54
	200m dash	2008	2nd	23.74
	4x100 relay	2007	2nd	45.61
	4x100 relay	2008	1st	45.61
	4x100 relay	2011	3rd	46.87
	4x400 relay	2007	2nd	3:42.77
Deontra Finley	4x100 relay	2004	2nd	45.84
Lygia Foreman	200m dash	2014	1st	23.97
	400m dash	2013	3rd	55.44
	400m dash	2014	2nd	53.89
	4x100 relay	2011	3rd	46.87
	4x400 relay	2013	1st	3:41.40
	4x400 relay	2014	1st	3:41.08
Sunday Foster	4x100 relay	2011	3rd	46.87
Alisha Fowler	High jump	2003	1st	5' 8.75"
	High jump	2004	3rd	5' 8"
	High jump	2005	1st	5' 10.75"
Joy Furlow	4x100 relay	2005	2nd	45.60
Jordan Grady	400m dash	2017	2nd	54.30
	4x400 relay	2013	1st	3:41.40
	4x400 relay	2014	1st	3:41.08
	400m dash	2015	1st	53.91
	4x400 relay	2015	2nd	3:41.93
	4x100 relay	2015	2nd	45.11
	4x400 relay	2017	2nd	3:42.40
	4x100 relay	2017	3rd	45.84
Tiffany Green	4x400 relay	2005	2nd	3:41.75
Camry Grisby	4x400 relay	2015	2nd	3:41.93
	4x400 relay	2016	1st	3:40.00
	4x400 relay	2017	2nd	3:42.40
Gay Nell Gulihur	Shot put	1991	2nd	46' 2.5"
Kristine Hanks	Shot put	2015	3rd	49' 5.7"
	Shot put	2016	3rd	49' 5.5"

ALL-SOUTHLAND (Continued)

Sharonda Haynes	Shot put	2001	3rd	45' 11.25"	Ambra McCuin	Long jump	2010	3rd	19' 6"	Paula Smith	200m dash	2015	2nd	24.05
Kristi Hermes	Pole vault	2009	2nd	11' 7.75"		Long jump	2011	3rd	18' 10"		4x100 relay	2015	2nd	45.11
Brittany Henson	400m hurdles	2008	3rd	1:03.12		Triple jump	2010	1st	40' 4.75"		Long jump	2016	2nd	19' 8.25"
	4x400 relay	2008	1st	3:44.28	Dess Meek	Triple jump	2011	1st	42' 8.75"	Ty Spiller	100m hurdles	2009	3rd	13.83
	4x400 relay	2009	3rd	3:43.57		High jump	2008	2nd	5' 7"	Teona Spivey	4x400 relay	2017	2nd	3:42.40
Sherry Herring	400m hurdles	1990	2nd	1:01.92			2009	2nd	5' 8.75"	Sabrina Starr	100m hurdles	2011	2nd	13.77
	1600m relay	1990	2nd	3:51.25		Long jump	2008	3rd	19' 11.75"		100m hurdles	2014	1st	13.19
Sarah Hershman	3000 steeplechase	2005	1st	11:24.91	Devyn Mitchell	4x100 relay	2008	1st	45.61		4x100 relay	2011	3rd	46.87
Winnie Ileso	100m hurdles	2013	3rd	14.08		800m run	2007	3rd	2:13.10	Rachele Stevenson	4x400 relay	2003	3rd	3:47.48
	4x100m relay	2014	3rd	45.85		800m run	2009	1st	2:12.12		4x100 relay	2004	2nd	45.84
Ashley Jenkins	Hammer	2015	1st	204' 10.5"	Ana Moreno	5,000m run	2017	1st	17:39.75	Dakota Stewart	400m hurdles	2008	2nd	1:01.88
	Hammer	2016	1st	215' 3"	Cathy Nelson	800m run	1990	1st	2:13.54		400m hurdles	2011	1st	1:00.05
Nicole Jenrette	High jump	2014	2nd	5' 8.5"		4x400 relay	1990	2nd	3:51.25	Darnesha Stonum	400m hurdles	2007	1st	1:01.22
	Heptathlon	2014	3rd	4,879		800m run	1991	1st	2:13.70		4x400 relay	2007	2nd	3:42.77
	Heptathlon	2015	2nd	5,017		1500m run	1991	2nd	4:41.12	Moesha Straughter	4x100 relay	2017	3rd	45.84
Jamie Johnson	400m relay	1997	3rd	46.16	Karen Nobles	800m run	1992	2nd	2:10.31	Desiree Taylor	400m dash	2007	1st	56.28
	Triple jump	1998	2nd	40' 0.75"	Kym Norsworthy	4x100 relay	1997	3rd	46.16		400m dash	2009	3rd	55.93
	Long jump	1998	3rd	19' 6.75"		4x100 relay	2004	2nd	45.84		4x400 relay	2006	2nd	3:43.14
Benita Jones	100m hurdles	2006	3rd	13.80		4x100 relay	2005	2nd	45.60		4x400 relay	2007	2nd	3:42.77
	4x100 relay	2006	2nd	45.35	Regina Offord	Triple jump	2005	3rd	41' 6"		4x400 relay	2008	1st	3:44.28
Jill Jones	Long jump	1994	3rd	18' 7.5"		4x100 relay	2006	2nd	45.35		4x400 relay	2009	3rd	3:43.57
Susie Jones	Heptathlon	1998	3rd	4,853		4x100 relay	2007	2nd	45.61	Charity Thomas	4x100 relay	2017	3rd	45.84
	High jump	1998	3rd	5' 5"	Olivia Olguin	4x100 relay	2008	1st	45.61	Ashley Thompson	Pole vault	2016	2nd	13' 1.5"
	Heptathlon	1999	2nd	5,154		10,000m run	2014	2nd	37:10.21	Tara Tyler	100m hurdles	2006	2nds	13.74
	High jump	1999	3rd	5' 5"		10,000m run	2016	3rd	36:43.12		4x100 relay	2005	2nd	45.60
	Heptathlon	2001	2nd	5106	Kim Olison	10,000m run	2017	1st	36:59.34		4x100 relay	2006	2nd	45.35
Fatima Jordan	400m relay	1997	3rd	46.16	Tenika Powell	Hammer	2009	3rd	162' 4"		100m hurdles	2007	3rd	14.07
Lauren Kershner	400m hurdles	2004	3rd	1:03.42		Shot put	2002	3rd	46' 6"		4x100 relay	2007	2nd	45.61
Alexandria Kimble	4x400 relay	2014	1st	3:41.08	Robin Pullen	Shot put	2006	1st	46' 3.5"	Kathryn Vandre	Heptathlon	1993	3rd	4,604
Karen Klinto	Pole vault	2008	3rd	12' 1.5"	Adrienne Quillin	Javelin	2002	2nd	140' 11"	Signe Vest	Heptathlon	2004	1st	4,922
Baylee Lara	Heptathlon	2017	1st	4,919		Hammer	2013	1st	181' 5"		Heptathlon	2005	2nd	5,160
	100m hurdles	2017	2nd	13.71		Hammer	2014	1st	186'	Christina Webb	Shot put	2010	2nd	48' 6"
Tiana Lee	100m hurdles	2008	3rd	13.79	Whitney Rister	Hammer	2015	2nd	197' 10.25"	Liz Welker	1600m relay	1990	2nd	3:51.25
	400m hurdles	2006	3rd	1:01.22	Yarixa Rivera	3000 steeplechase	2008	2nd	11:14.73	Kara Whitson	Pole vault	2014	1st	12' 10"
	400m hurdles	2008	1st	1:01.20	Carolyn Ross	Hammer	2017	1st	175' 10"		Pole vault	2015	2nd	13' 8.25"
	400m hurdles	2009	1st	1:00.94	Karin Schardein	4x400 relay	1990	2nd	3:51.25	Tonica Wimberley	4x400 relay	2013	1st	3:41.40
	4x100 relay	2007	2nd	45.61		5000m run	1988	1st	17:54.00	Renitta Woods	Heptathlon	2003	3rd	4,713
	4x100 relay	2008	1st	45.61		3000m run	1990	2nd	10:32.77	Kaylynn Wright	Triple jump	2014	2nd	40' 11.75"
	4x400 relay	2009	3rd	3:43.57	Jennie Sewell	5000m run	1990	1st	18:38.45		Triple jump	2015	3rd	40' 2"
Elizabeth Lyssy	Javelin	2015	3rd	148' 0.75"		Pole vault	2003	2nd	12' 4"	Jasmine Wyatt	Shot put	2006	2nd	45' 0.25"
	Javelin	2016	2nd	149' 4"		Pole vault	2004	1st	12' 9.5"	Tiara Young	Heptathlon	2003	2nd	4,786
Precious Madison	Long jump	2002	2nd	20' 7"		Pole vault	2005	1st	11' 11.75"		4x400 relay	2003	3rd	3:47.48
	100m dash	2002	2nd	11.53	Tiffany Singleton	Pole vault	2007	1st	13' 5"	Avery Zamzow	Heptathlon	2015	3rd	4,956
	200m dash	2002	3rd	24.16		400m dash	2005	2nd	54.40		Hepthathlon	2016	3rd	5,045
Briana McCall	800m run	2015	3rd	2:10.62		400m dash	2006	2nd	54.49	Shelbie Zotyka	Pole vault	2013	1st	12' 10.75"
	4x400 relay	2015	2nd	3:41.93		400m dash	2008	1st	53.86					
	800m run	2016	2nd	2:10.42		4x400 relay	2005	2nd	3:41.75					
	4x400 relay	2016	1st	3:40.00		4x400 relay	2006	2nd	3:43.14					
Karina Mancias	5,000m run	2003	3rd	19:05.49	Summer Sizemore	4x400 relay	2008	1st	3:44.28					
	10,000m run	2003	3rd	40:39.19		Pole vault	2003	3rd	11' 8"					
Monika May	4x400 relay	2008	1st	3:44.28	Melicha Smith	Pole vault	2004	3rd	11' 3.75"					
	4x400 relay	2009	3rd	3:43.57		100m dash	2017	2nd	11.67					
						4x100 relay	2017	3rd	45.84					

OUTDOOR SCHOOL RECORDS***Mark at Southland Conference Championships****SHOT PUT**

52' 9.25"	Kristine Hanks	2016	Houston
52'	Kristine Hanks	2016	Long Beach, Calif.
50' 7.25"	Kristine Hanks	2016	Huntsville
50' 0"	Kristine Hanks	2016	Abilene
49' 9.75"	Kristine Hanks	2016	Eugene, Ore.
49' 8.25"	Kristine Hanks	2016	Walnut, Calif.
49' 5.75"	Kristine Hanks	2015	Hammond, La.*
49' 5.75"	Gay Neil Gulihier	1990	Waco
49' 5.5"	Kristine Hanks	2016	Corpus Christi*
49' 2.5"	Kristine Hanks	2016	Lake Charles, La.
Other Top Individuals			
49' 1"	Christina Webb	2011	Natchitoches, La.
48' 6"	Christina Webb	2010	Arlington*
48' 2.75"	Gay Neil Gulihier	1990	College Station

DISCUS

165' 3"	Tasha Crosse	2017	Baton Rouge
159' 7"	Tasha Crosse	2017	Nacogdoches
159' 3"	Tasha Crosse	2017	San Antonio
158' 3"	Tasha Crosse	2017	Austin
155' 7"	Christina Webb	2011	Natchitoches, La.
153' 8"	Nichelle Phillips	1996	College Station
Other Top Individuals			
151' 3"	Christina Webb	2011	Nacogdoches
151' 0"	Teshana McDowell	1998	Nacogdoches
150' 10"	Tenika Powell	2003	Nacogdoches
150' 5"	Darnasha Clark	2000	Huntsville

HAMMER

215' 5"	Ashley Jenkins	2016	Huntsville
215' 3"	Ashley Jenkins	2016	Corpus Christi*
213' 5"	Ashley Jenkins	2016	Eugene, Ore.
208' 10"	Ashley Jenkins	2015	Houston (Rice)
204' 10.5"	Ashley Jenkins	2015	Hammond, La.*
203' 10"	Ashley Jenkins	2016	Houston
201' 10"	Ashley Jenkins	2016	Houston
201' 2"	Ashley Jenkins	2016	San Antonio
200' 11"	Adrienne Quillin	2015	Austin (NCAA)
200' 10"	Ashley Jenkins	2016	Eugene, Ore.
Other Top Individuals			
200' 7"	Ashley Jenkins	2016	Abilene
199' 9"	Ashley Jenkins	2014	Austin
199' 6"	Ashley Jenkins	2016	Long Beach, Calif.

JAVELIN

176' 9"	Roshunda Betts	2005	Houston
173' 10"	Roshunda Betts	2006	Austin (NCAA)
173' 4"	Roshunda Betts	2006	Houston (TSU)
169' 5"	Roshunda Betts	2005	Austin
168' 11"	Roshunda Betts	2006	Arlington*
161' 8"	Elizabeth Lyssy	2016	Eugene, Ore.
Other Top Individuals			
160' 9"	Signe Bech	2004	Fort Worth
156' 1"	Elizabeth Lyssy	2015	Austin
152' 11"	Elizabeth Lyssy	2016	San Antonio
149' 4"	Elizabeth Lyssy	2016	Corpus Christi*
147' 10"	Elizabeth Lyssy	2016	Houston

HIGH JUMP

5' 11.25"	Dess Meek	2008	Lincoln (NCAA Regionals)
5' 10.75"	Alisha Fowler	2005	Huntsville*
5' 10"	Dess Meek	2009	Norman, Okla
5' 8.75"	Alisha Fowler	4 times	
5' 8.75"	Dess Meek	2 times	
Other Top Individuals			
5' 8.5"	Courtney Lord	2016	Corpus Christi*
5' 8.5"	Nicole Jenrette	2014	Conway, Ark.*
5' 8"	Kathryn Vandre	1993	Huntsville
5' 8"	Kim Riley-Vogt	2004	Huntsville
5' 8"	Paula Smith	2015	Houston (Rice)

LONG JUMP

20' 10.5"	Precious Madison	2001	College Station
20' 10"	Roshunda Betts	2006	Houston (TSU)
20' 7"	Precious Madison	2002	Arlington*
20' 6.5"	Precious Madison	2002	Waco
20' 4.5"	Jill Jones	1995	Beaumont
Other Top Individuals			
19' 11.75"	Dess Meek	2008	Huntsville*
19' 10.25"	Tristyn Allen	2017	Houston
19' 9"	Jamie Spivey	2006	Arlington*

TRIPLE JUMP

42' 11.5"	Roshunda Betts	2006	Austin (NCAA Regionals)
42' 6.25"	Roshunda Betts	2006	Austin
42' 1"	Ambra McCuin	2011	Natchitoches*
41' 9.75"	Ambra McCuin	2011	Natchitoches
41' 6.5"	Tristyn Allen	2017	Austin
41' 6"	Roshunda Betts	2006	Houston (TSU)
41' 6"	Kym Norsworthy	2005	Huntsville*
Other Top Individuals			
40' 11.75"	Kaylynne Wright	2014	Conway, Ark.*
40' 9.5"	Tristyn Allen	2017	New Orleans*
40' 5.5"	Jill Jones	1993	Monroe*
Top Wind-Aided Mark (>4.0 m/s)			
42' 8.75"w	Ambra McCuin	2011	Natchitoches*

POLE VAULT

13' 11.75"	Jennie Sewell	2007	Des Moines
13' 8.25"	Kara Whitson	2015	Hammond, La.*
13' 7.25"	Jennie Sewell	2005	Austin
13' 5"	Jennie Sewell	2007	Nacogdoches*
13' 4.5"	Hannah Calloway	2017	Austin
13' 3.5"	Jennie Sewell	2007	Sacramento (NCAA)
13' 3.5"	Jennie Sewell	2007	2 times
Other Top Individuals			
13' 2.5"	Ashley Thompson	2016	Houston
13' 2.25"	Hannah Calloway	2017	Baton Rouge
13' 1.75"	Ashley Thompson	2015	Hammond, La.*
13' 1'75"	Hannah Calloway	2017	Nacogdoches
13' 1.5"	Kara Whitson	2014	Austin
13' 1.5"	Ashley Thompson	2016	3 times

100 METERS

11.48	Tricia Clacken	1996	Natchitoches, La.
11.49	Tricia Clacken	1996	Natchitoches*
11.49	Precious Madison	2002	Arlington*
11.52	Tricia Clacken	1996	College Station
11.55	Quantinette Fields	2006	Arlington*
Other Top Individuals			
11.56	Jessica Fisher	2007	Nacogdoches*
11.65	Paula Smith	2015	Hammond, La.*
11.67	Meicha Smith	2017	New Orleans*
11.67	Meicha Smith	2017	Azusa, Calif.
11.78	Moesha Slaughter	2017	Azusa, Calif.
11.82	Winnie Ileso	2014	Abilene

200 METERS

23.54	Jessica Fisher	2007	Nacogdoches*
23.59	Quantinette Fields	2006	Arlington*
23.71	Tricia Clacken	1996	Natchitoches*
23.74	Jessica Fisher	2008	Huntsville*
23.77	Quantinette Fields	2005	Huntsville*
Other Top Individuals			
23.80	Paula Smith	2016	Walnut, Calif.
23.82	Meicha Smith	2017	New Orleans*
24.02	Meicha Smith	2017	New Orleans*
24.05	Paula Smith	2015	Hammond, La.*
24.12	Paula Smith	2014	Austin
24.16	Precious Madison	2002	Arlington*

OUTDOOR RECORDS Continued***Mark at Southland Conference Championships****400 METERS**

53.86	Tiffany Singleton	2008	Huntsville*
53.89	Lygia Foreman	2014	Conway, Ark*
53.91	Jordan Grady	2015	Hammond, La.*
54.23	Jordan Grady	2017	New Orleans*
54.24	Quantinette Fields	2003	San Marcos*
54.34	Tiffany Singleton	2005	Huntsville*
Other Top Individuals			
54.30	Jordan Grady	2017	New Orleans*
54.35	Tiffany Singleton	2008	Houston
54.64	Kim Buckner	1999	Nacogdoches*

800 METERS

2:07.27	Camry Grigsby	2016	Huntsville
2:07.91	Camry Grigsby	2016	Long Beach, Calif.
2:08.55	Briana McCall	2016	Huntsville
2:08.85	Briana McCall	2016	Long Beach, Calif.
2:09.41	Camry Grigsby	2016	Eugene, Ore.
2:09.74	Camry Grigsby	2016	Houston
2:09.76	Briana McCall	2016	Houston
2:10.13	Cathy Nelson	1993	Monroe*
2:10.33	Nicole Aponte	2014	Conway, Ark*
2:10.37	Camry Grigsby	2016	Walnut, Calif.
2:10.42	Briana McCall	2016	Corpus Christi*
Other Top Individuals			
2:10.53	Camry Grisby	2015	Norwalk, Calif.
2:10.62	Briana McCall	2015	Hammond, La.*
2:10.71	Nicole Aponte	2017	Houston
2:11.20	Jamie Eckford	2017	New Orleans*
2:11.27	Camry Grigsby	2016	San Marcos

1500 METERS

4:26.06	Alyssa Dooley	2014	Walnut, Calif.
4:26.33	Alyssa Dooley	2014	Norwalk, Calif.
4:27.55	Nicole Aponte	2017	Long Beach, Calif.
4:28.78	Alyssa Dooley	2014	Conway, Ark.*
4:28.81	Alyssa Dooley	2014	Austin
4:30.61	Alyssa Dooley	2012	Houston
Other Top Individuals			
4:31.46	Jennifer Engelbrink	2002	Arlington*
4:37.79	Shaunte' Alvarez	1999	Nacogdoches*
4:38.42	Ana Moreno	2017	Long Beach, Calif.
4:40.95	Ana Moreno	2016	Long Beach, Calif.
4:41.12	Cathy Nelson	1991	Nacogdoches*
4:43.98	Whitney Rister	2008	Waco

3000 METERS

10:14.87	Shaunte' Alvarez	1999	Nacogdoches*
10:15.04	Karin Schardein	1988	Natchitoches, LA
10:20.26	Allison Ferries	2007	Laredo
10:23.39	Allison Ferries	2007	Natchitoches, LA
10:28.25	Amy Snodgrass	2005	Beaumont
Other Top Individuals			
10:32.75	Cathy Nelson	1991	Nacogdoches*

5000 METERS

17:13.10	Ana Moreno	2017	Austin
17:39.75	Ana Moreno	2017	New Orleans*
17:54.24	Karin Schardein	1988	Natchitoches, LA
17:57.71	Shaunte' Alvarez	1999	Nacogdoches*
17:57.72	Whitney Rister	2008	Huntsville*
18:00.93	Allison Ferries	2008	Huntsville*
18:02.60	Karin Schardein	1990	Austin
Other Top Individuals			
18:04.00	Amy Snodgrass	2005	Fort Worth

10,000 METERS

36:07.81	Olivia Olguin	2017	Torrance, Calif.
36:43.12	Olivia Olguin	2016	Corpus Christi*
36:59.39	Olivia Olguin	2017	New Orleans*
37:10.21	Olivia Olguin	2014	Conway, Ark.*
37:34.06	Ana Moreno	2016	Corpus Christi*
37:35.88	Karina Mancias	2003	Austin
37:58.26	Ana Moreno	2014	Conway, Ark.*
38:01.0	Karin Schardein	1988	Huntsville
38:15.70	Holly Pitzenberger	2001	Arlington*
Other Top Individuals			
38:19.76	Olivia Olguin	2015	Hammond, La.*
38:21.9	Brenda Trammel	1992	Austin

100 METER HURDLES

12.97	Danielle Demas	2016	Eugene, Ore.
13.03	Danielle Demas	2015	Hammond, La.*
13.11	Danielle Demas	2016	Eugene, Ore.
13.15	Danielle Demas	2015	Austin (NCAA)
13.19	Sabrina Starr	2014	Conway, Ark.*
13.27	Danielle Demas	2015	Walnut, Calif.
13.29	Danielle Demas	2016	Houston
13.32	Sabrina Starr	2014	Abilene
Other Top Individuals			
13.35	Sabrina Starr	2014	San Antonio
13.35	Danielle Demas	2015	Houston (Rice)
13.36	Danielle Demas	2014	Austin & Conway, Ark.*
13.40	Danielle Demas	2016	Walnut, Calif.
13.41	Danielle Demas	2016	Austin
13.41	Sabrina Star	2014	Austin

400 METER HURDLES

58.52	Ruth Amaku	2015	Hammond, La.*
58.82	Ruth Amaku	2016	Corpus Christi*
58.94	Carol Dyer	2001	Austin
59.13	Carol Dyer	2001	Des Moines, IA
59.24	Kim Buckner	1999	Des Moines, IA
59.28	Carol Dyer	2001	Austin
Other Top Individuals			
59.36	Ruth Amaku	2016	Huntsville
59.37	Tiana Lee	2009	Austin
59.38	Tiana Cook	1998	Austin

3,000 METER STEEPLECHASE

10:33.01	Ana Moreno	2017	Asuza, Calif.
10:44.47	Ana Moreno	2017	New Orleans*
10:44.53	Ana Moreno	2017	Houston
10:49.06	Allison Ferries	2007	Austin
10:52.64	Allison Ferries	2007	Nacogdoches*
10:55.78	Allison Ferries	2008	Houston (Rice)
10:59.90	Ana Moreno	2016	Houston
11:00.23	Ana Moreno	2016	Walnut, Calif.
11:01.19	Allison Ferries	2008	Austin
11:05.27	Ana Moreno	2016	Corpus Christi*
11:12.65	Ana Moreno	2016	Houston
11:13.98	Whitney Rister	2008	Houston (TSU)
Other Top Individuals			
11:16.90	Sarah Hershman	2006	Beaumont
11:28.71	Erika Wright	2006	Arlington*
11:32.92	Sara Collazos	2011	Natchitoches*

HEPTHALON

5,160	Signe Vest	2005	Huntsville*
5,154	Susie Jones	1999	Nacogdoches*
5,149	Morgan Davis	2012	San Marcos*
5,106	Susie Jones	2001	Arlington*
5,081	Susie Jones	2001	Austin
5,081	Courtney Lord	2016	Nacogdoches
5,045	Avery Zamzow	2016	Corpus Christi*
Other Top Individuals			
5,017	Nicole Jenrette	2015	Hammond, La.*
4,956	Avery Zamzow	2015	Hammond, La.*

OUTDOOR RECORDS Continued***Mark at Southland Conference Championships****4x100 RELAY**

44.98 Danielle Demas, Elizabeth Ene,
Jordan Grady, Paula Smith 2015 Austin

45.11 Danielle Demas, Elizabeth Ene,
Jordan Grady, Paula Smith 2015 Hammond, La.*

45.35 Benita Jones, Quantinette Fields,
Tara Tyler, Regina Offord 2006 Austin

45.58 Danielle Demas, Elizabeth Ene,
Melicha Smith, Paula Smith 2016 Abilene

45.60 Kym Norsworthy, Quantinette Fields,
Tara Tyler, Joy Furlow 2005 Huntsville*

45.61 Tiana Lee, Jessica Fisher,
Tara Tyler, Regina Offord 2007 Nacogdoches*

4x200 RELAY

1:37.00 Rachele Stevenson, Quantinette Fields,
Deon Finley, Joyce Oyakhire 2004 Des Moines, IA

4x400 RELAY

3:37.94 Tiffany Singleton, Jessica Fisher,
Monika May, Desiree Taylor 2008 Lincoln, Nebr

3:38.73 Tiffany Singleton, Jessica Fisher,
Monika May, Desiree Taylor 2008 Austin

3:38.73 Ruth Amaku, Kodii Church,
Jordan Grady, Camry Grisby 2015 Walnut, Calif.

3:39.27 Briana McCall, Kodii Church,
Ruth Amaku, Camry Grigsby 2016 Walnut, Calif.

3:40.00 Briana McCall, Kodii Church,
Ruth Amaku, Camry Grigsby 2016 Corpus Christi*

3:41.40 Tonicia Wimberley, Lygia Foreman
Ruth Amaku, Jordan Grady 2013 Lake Charles, La.

SPRINT MEDLEY RELAY

3:55.68 Danielle Demas, Elizabeth Ene
Lygia Foreman, Alyssa Dooley 2014 Austin

3:58.45 Paula Smith, Elizabeth Ene,
Kodii Church, Briana McCall 2015 Austin

3:58.67 Kristian Austin, Jessica Fisher,
Monika May, Alyssa Dooley 2011 Austin

DISTANCE MEDLEY RELAY

11:57.88 Jennifer Engelbrink, Chenequa Parham
Kelli Alexander, Casey Jones 2002 Austin

WOMEN'S TRACK & FIELD LETTER WINNERS

Adams, Mallory 2005 2006 2007 2008	Boson, Elisha 1996 1997	Clark, Darnasha 1998 1999 2000 2001	Englebrink, Jennifer 2001 2002	Grady, Jordan 2013 2014 2015 2016 2017	Ileso, Winnie 2013 2014 2015	Lassalle, Margaret 2017
Allen, Shelia 1979	Bradley, Jeanen 1991	Coleman, Leatrice 1993 1994 1995 1996	Ephriam, Helen 1979 1980	Griffen, Belle 2000	Isom, SheAmber 2011	Lee, Tiana 2006 2007 2008 2009
Allen, Cassidy 2016 2017	Brazell, Kaylee 2010 2011	Collazos, Sara 2010 2011	Erickson, Emily 2010	Grisby, Camry 2015 2016 2017	Jefferson, Twanda 1981 1982	Lewis, Jasmine 2016
Allen, Tristyn 2016 2017	Brown, Ebony 1998 1999 2000 2001	Cook, Janell 1987	Evans, Tanell 2009	Gross, Kelly 1995	Jenkins, Ashley 2013 2014 2015, 2016	Lipscomb, Jasmine 2015 2016 2017
Alvarez, Jennifer 1996 1997 1998 1999	Brown, Micaela 2014	Cook, Tiana 1997 1998	Falls, Mitzie 1991	Groth, Rebekah 2016 2017	Jenrette, Nicole 2013 2014 2015, 2016	Long, Judy 1976
Alvarez, Melissa 1997 1998 1999 2000	Brown, Shannon 2006 2007 2008	Cooper, Katrina 1987	Farrell, Molly 2008 2009 2010	Gulihur, Gay Nell 1989 1990 1991	Johnson, Ashley 2008	Lord, Courtney 2015 2016 2017
Alvarez, Shaunte 1996 1997 1998 1999 2000	Buckner, Darian 2017	Costello, Bridget 2009	Ferries, Allison 2005 2006 2007 2008	Haggard, Courtney 2010 2011	Johnson, Jamie 1997 1998 1999	Lueders, Courtney 2010
Alexander, Kelli 2000 2001 2002 2003	Byrdson, Annie 1987 1988 1989	Crosse, Tasha 2017	Fields, Quantinette 2003 2004 2005 2006	Hall, Stephanie 2000 2002	Johnson, Melissa 2004	Luna, Kassandra 2017
Allen, Kissie 2000 2001	Buckner, Kim 1997 1998 1999	Cummings, Alana 1991 1992 1993	Finley, Deontra 2004	Hanks, Kristine 2014 2015 2016 2017	Jones, Anitz 1980	Lyssy, Elizabeth 2013 2014 2015 2016
Allison, Rotasha 2001	Bucknor, Darian 2016	Curzan, Kendall 2017	Fisher, Jessica 2007 2008 2009 2011	Hart, DeDe 1976	Jones, Benita 2006 2007	MacNamara, Julie Ann 1987
Amaku, Ruth 2013 2014, 2015, 2016	Buhanan, Shari 1994 1995 1996 1998 1999	Daniel, Halie 2017	Fisher, Melissa 1980	Haynes, Sharonda 1999 2000 2001 2002	Jones, Casey 2001	Madison, Precious 2001
Amenson, Dolores 1991 1993 1994	Busby, Taniqua 2008	Davis, Elginette 2000	Fitzgerald, Kylie 2010	Hedges, Jennifer 1987	Jones, Denise 1997 1998	Magee, Ayanna 2011
Anderson, Crystal 2003 2004 2005 2006	Campbell, Jessica 2015	Davis, Morgan 2009 2010 2011 2012 2013	Foreman, Lygia 2011 2013 2014	Heggie, Jordan 2008 2009 2010	Jones, Denise 2017	Mancias, Karina 2000 2001 2002 2003
Aponte, Nicole 2014, 2015, 2016	Carter, Mindy 2000	Davis, Tina 1978	Foster, Sunday 2011 2012 2014	Heinrich, Morgan 2016 2017	Jones, Jill 1993 1994 1995 1996	Mathews, Paulette 1982
Atkinson, Caroline 1994	Carter, Nicole 1995	Davis, Vicky 1989	Fowler, Alicia 2003 2004 2005 2006	Helm, Lisa 1999 2000 2001	Jones, Michelle 1988	May, Monika 2008 2009 2010 2011
Austin, Kristian 2011 2012 2013 2014	Casalini, Ashley 2006 2007 2008	Demas, Danielle 2013 2014, 2015, 2016	Francisco, Vannah 1994 1995 1996 1997	Henson, Brittany 2008 2009 2010	Jones, Susie 1997 1998 1999 2000 2001	McCall, Briana 2014 2015 2016 2017
Balderson, Erica 2001 2002 2003 2004	Ceballos, Haleigh 2011 2013	Dooley, Alyssa 2010 2011 2012 2013 2014	Franklin, Patti 1987	Hermes, Kristi 2007 2008 2009 2010	Jones, Venita 1980 1982	McCarty, Casey 2001
Ballard, Cassie 1999 2000	Cepeda, Joan 2016	Duenes, Lizzy 2017	Furlow, Joy 2004 2005 2006 2007	Herring, Sherry 1989 1990	Jordan, Fetima 1997 1998 1999	McClellan, Monica 2015, 2016
Barker, Cina 1976	Chambers, Bryttany 2007	Dunlap, Amanda 2010 2011 2012	Gemeny, Victoria 2009 2010	Hershman, Sarah 2002 2003 2004 2006	Kershner, Lauren 2002 2003 2004	McCuin, Amber 2009 2010 2011 2012
Bass, Kendall 2004 2005 2006 2008	Chatham, Kathy 1988 1989	Dyer, Carol 1999 2000 2001	George, Simbi 2010 2011 2013	Hester, Christy 2000 2001	Klintoe, Karen 2005 2006 2007 2008	McDowell, Teshana 1998 1999
Bateman, McKenzie 2016	Chavez, Michelle 1995 1996 1997	Dyess, Taryn 2014	Gillette, Sharon 1979	Holiday, Jackie 1980 1981	Knight-Papiannov, Kayla 2015 2016	McGovern, Shelli 1994 1995 1996 1997
Bech, Signe 2004	Cheatham, Carol 1976	Eck, Marian 1980 1981 1982	Gnatzig, Vanessa 2001	Holmes, Sukari 2000	Kramer, Glenda 1976	McKinney, Teri 1994
Betts, Roshunda 2004 2005 2006	Childs, Jessica 2000	Eckford, Jamie 2016 2017	Gomez, Suzanne 1981 1982	Hogan, Robin 2001 2002	Kveton, Cheryl 1976	McLeod, Lisa 1979
Biles, Britny 2011 2012	Church, Kodii 2015 2016 2017	Ejekam, Chisom 2011	Gonzales, Nina 2015	Horn, Elke 2005 2006	Labay, Lauren 2017	McMichael, Monique 2010 2012
Blake, Chaterra 2003 2004 2005 2006	Clacken, Letricia 1994 1995 1996 1997	Ellison, Laurie 1991	Goulas, Lisa 1976	Houston, Linda 1982	Lara, Baylee 2017	Meek, Dess 2008 2009
Boedekerm, Cameron 2017	Clark, Natalia 2004 2005 2006 2007 2008	Ene, Elizabeth 2013 2014, 2015, 2016	Goulder, Beverly 1981 1982	Howell, Sandra 1987	LaSalle, Margaret 2016	Melendez, Lilliana 1989 1990 1991 1992

Mendoza, Gabby 2003	Oyakhire, Joyce 2003 2004	Reed, Shanen 1993 1994 1995 1996	Smith, Aerial 2016	Tyler, Tara 2005 2006 2007	Wynne, Erica 1992 1993 1994
Michalsky, Roberta 1988	Palmer, Phyllis 1978 1979	Reyes, Sandra 1998	Smith, Jenny 2012	Vandre, Kathryn 1990 1991 1992 1993	Young, Tiara 2003 2004 2005 2006
Miller, Julie 1980	Parham, Chenequa 2001 2002 2003 2004	Rhodes, Virginia 1981	Smith, Lakia 1997	Vaughn, Stacy 1993	Zamzow, Avery 2015, 2016 2017
Millet, Lisa 1992	Parker, Mercedes 1990	Ridenhour, Kim 1989 1990 1992 1993	Smith, Lauren 2004	Waldrip, Anna 1999 2000	Zersen, Nicole 2004 2005 2006
Mitchell, Devyn 2007 2009	Partain, Kim 1996 1998 1999 2000	Riley, Kim 2000 2001 2002 2004	Smith, Megan 2017	Walker, Madeline 2016	Zoch, Jenny 2009 2010 2011 2012 2013
Mitchell, Jasmine 2008 2009 2010 2011	Pate, Kimber 1976	Rister, Whitney 2005 2006 2007 2008	Smith, Melicha 2016 2017	Walker, Sarah 2015	Zotyka, Shelbie 2010 2011 2012 2013
Mockler, Lana 1987	Perrard, Alyssa 2011	Rivera, Yariexa 2017	Smith, Paula 2014 2015 2016	Ward, Vickie 1987	
Moore, Pashe 2010 2011 2012	Pettit, Allyson 2011 2012 2013 2014	Roberson, Ronda 1978	Soignet, Kori 2015	Watson, Camille 1992 1993 1994 1995	
Moreno, Ana 2014 2015 2016 2017	Petty, Barbara 1978	Roberts, Amy 1996	Soldvilla, Xochitl 1998 1999	Webb, Christina 2008 2009 2010 2011	
Morris, Patti 1991	Phillips, Nicelle 1995 1996	Robinson, Patti 1979	Spiller, Tywaneisha 2008 2009 2010 2011	Welch, Brenda 1988	
Musser, Robin 1991	Phillips, Shannon 1992 1993	Rodriguez, Heather 2000	Spivey, Jamie 2004 2005 2006 2007	Welker, Liz 1990 1991	
Nelson, Cathy 1989 1990 1991 1992 1993	Phlegon, Lynn 1979	Rolf, Tiffany 1990	Spivey, Teona 2017	West, Raina 1989	
Nicholson, Stacy 2002 2003	Pietsch, Courtney 1995 1996 1997 1998	Ross, Carolyn 1990	Spivey, Valda 1978	Whitson, Kara 2012 2013 2014, 2015	
Nobles, Karen 1994 1995	Pitzenberger, Holly 2001	Saellinen, Johanna 2013	Starr, Sabrina 2010 2012 2014	Williams, Kathy 1991	
Norsworthy, Kym 2002 2003 2004	Poole, Melissa 2004	Santos, Crystal 2011	Stephens, Ebonee 2007 2008 2009 2010	Williams, Khayla 2015 2016	
Norwood, Rebecca 1987 1988	Porter, Francis 2013 2014, 2015, 2016	Sargent, Cheryl 1982	Stevenson, Rachele 2003 2004	Willingham, Amanda 1996	
Nwegbo, Lauren 2013 2014	Powell, Tenika 2002 2003 2005 2006	Schardein, Karin 1987 1988 1989 1990	Stewart, Dakota 2008 2009 2010 2011	Wimberly, Tonicia 2010 2011 2012 2013	
Offord, Regina 2006 2007 2008	Prado, Miranda 2015, 2016	Schardt, Elizabeth 1979 1980 1981	Stonum, Darnesha 2005 2006 2007	Wren, Kendrah 2011	
Olison, Kim 2006 2007 2008 2009	Prall, Janet 1988	Scott, Toni 1990	Tanner, Jean 1987	Wright, Kaylynne 2012 2013 2014 2015	
Olguin, Olivia 2014 2015 2016 2017	Prihoda, Shauni 2012 2013	Seales, Meaghen 2015 2016 2017	Tarrant, Hannah 2017	Wright, Salena 2017	
Oliver, Jessica 2016	Pullen, Robin 2001 2002 2003	Sewell, Jennie 2003 2004 2005 2007	Taylor, Desiree 2006 2007 2008	Woods, Renitta 2003	
Onwuchewa, Venessa 2013	Putnam, Stacy 1991 1993 1994	Sheffield, Paula 1989	Thomas, Charity 2017	Woods, Tammy 1989	
Ordonez, Danielle 2009 2010	Quillin, Adrienne 2013 2014, 2015	Singleton, Tiffany 2005 2006 2007 2008	Thompson, Ashley 2013 2014, 2015, 2016	Wright, Erika 2004 2005 2006 2007	
Ourso, Darlene 1978 1979 1980 1981	Rauch, Stephanie 2011	Sipes, Melissa 1995 1997 1998	Thompson, Charlotte 1982	Wulfson, Kris 2009	
Owens, Lorenza 1988	Ray, Deborah 1979	Sizemore, Summer 2003 2004 2005	Thompson, Valerie 1996 1997	Wyatt, Jasmine 2004 2005 2006 2007	
Oxford, Cheyenne 2016	Redus, Wendy 1992 1993 1994	Sloat, Cheryl 1992	Trammell, Brenda 1992 1993	Wynn, Katelyn 2012 2013 2014 2015	

MEN'S OUTDOOR TRACK AND FIELD

ANNUAL SOUTHLAND FINISHES

Year	Head Coach	Meet Site	Finish	Points
1988	John Francis	Natchitoches, LA	8th	1
1989	John Lumley	Huntsville	8th	5
1990	John Lumley	San Marcos	8th	33
1991	John Lumley	Nacogdoches	8th	29
1992	John Lumley	Arlington	9th	9
1993	John Lumley	Monroe, LA	9th	14.5
1994	John Lumley	Lake Charles, LA	9th	33
1995	John Lumley	Denton	9th	33.5
1996	John Lumley	Natchitoches, LA	8th	43
1997	John Lumley	Huntsville	2nd	134
1998	John Lumley	San Marcos	2nd	138
1999	Greg Hinze	Nacogdoches	2nd	122.5
2000	Greg Hinze	Natchitoches, LA	7th	38
2001	Greg Hinze	Arlington	5th	77
2002	Greg Hinze	Arlington	5th	91
2003	Greg Hinze	San Marcos	2nd	141.5
2004	Curtis Collier	San Marcos	8th	42
2005	Curtis Collier	Huntsville	1st	172.5
2006	Curtis Collier	Arlington	1st	169
2007	Curtis Collier	Nacogdoches	5th	80
2008	Curtis Collier	Huntsville	4th	86
2009	Curtis Collier	Nacogdoches	3rd	118
2010	David Self	Arlington	9th	42
2011	David Self	Natchitoches, La.	4th	113
2012	David Self	San Marcos	4th	85.5
2013	David Self	Lake Charles, La.	2nd	137.5
2014	David Self	Conway, Ark.	3rd	96
2015	David Self	Hammond, La.	2nd	139.5
2016	David Self	Corpus Christi	2nd	149
2017	David Self	New Orleans, La.	1st	179

ALL-AMERICA

Chris Cralle	Hammer	2011	7th	218' 1"
Adrian Ray	110 hurdles	2003	10th	13.80
Josh Hernandez	Hammer	2017	14th*	219' 7.8"
Chris Jefferson	100 meters	2017	22nd#	11.52
Matt Johnson	Decathlon	2011	14th*	7,546
Trey Jones	4x400 relay	2012	20th#	3:07.10
Brian Hellaire	4x400 relay	2012	20th#	3:07.10
Jesse Martinez	4x400 relay	2012	20th#	3:07.10
Jeffrey Moore	800 meters	2017	10th*	1:47.40
D. J. Hayes	4x400 relay	2012	20th#	3:07.10
Matt Johnson	Decathlon	2013	15th#	7,697
Charles White	Triple jump	2013	22nd#	50' 4.5"
Matt Viverette	100m hurdles	2015	14th*	13.688

*Second team selection #Honorable mention

NCAA NATIONAL FINISHES

Matt Adkisson	Pole vault	2006	19th	17' 1"
	Pole vault	2007	12th	17' 2"
Michael Courtney	400m dash	2009	19th	46.54
Chris Cralle	Hammer	2008	24th	191' 4"
	Hammer	2009	15th	206' 7"
	Hammer	2011	7th	218' 1"
Lane Dennis	400 hurdles	2008	14th	51.11
	400 hurdles	2009	13th	51.08
Chris Gonzalez	Shot put	1998	16th	
Darryl Hayes	400m dash	2009	16th	46.66
Josh Hernandez	Hammer	2017	14th	219' 7.8"
Chris Jefferson	100 meters	2017	22nd	11.52
Matt Johnson	Decathlon	2011	14th	7,546
Jeffrey Moore	800 meters	2017	10th	1:47.40
Adrian Ray	110 hurdles	2003	10th	13.96
Calvin Robinson	Long jump	1998	16th	
Chris Stewart	200 meters	2000	16th	
	200 meters	2003	Prelims	
Shane Stewart	Pole vault	1997	12th	
	Pole vault	1999	18th	
James Thomas	Javelin	1993	1st Rd	
Jon Tipton	Discus	2009	20th	178' 8"
Charles White	Triple jump	2012	17th	51' 0.75"
Adam Wooten	200 meters	2003	14th	
	200 meters	2005	26th	
4x400 relay	Trey Jones, Brian Hellaire, Jesse Martinez, D. J. Hayes	2012	20th	3:07.10

NCAA WEST PRELIM ROUND FINISHES

Tyler Adams	High jump	2015	25th	6' 11.75"
	High jump	2016	30th	6' 9.5"
Aaron Akens	Discus	2016	41st	160' 7"
Evan Arambula	3,000 Steeplechase	2017	46th	9:54.46
De'Quad Binder	800m dash	2014	22nd	1:51.73
Brek Christensen	Hammer	2013	23rd	197' 0"
	Hammer	2014	34th	190' 4"
Lawrence Coleman	400m dash	2017	43rd	48.79
Chris Cralle	Hammer	2011	1st	218' 9"
A. J. Edwards	Long jump	2010	38th	22' 5.25"
Anthony Garcia	Javelin throw	2016	24th	209' 4"
	Javelin throw	2017	28th	202' 1"
Chris Gilbert	Triple jump	2010	14th	51' 4.5"
	Long jump	2010	18th	24' 2.5"
D. J. Hayes	400m dash	2012	14th	46.50
	400m hurdles	2011	17th	46.92
Louis Hedgeman	High jump	2011	31st	6' 7"
Baily Henderson	Pole vault	2017	36th	15' 11"
Josh Hernandez	Hamme	2017	4th	221' 10"
Chris Jefferson	100m dash	2017	10th	10:17
Justin Jenkins	100m dash	2014	47th	10.89
	100m dash	2015	14th	10.26
	200m dash	2015	20th	21.34
	100m dash	2016	15th	10.43
Matt Johnson	110m hurdles	2013	37th	14.69
Rodney Jones	400m dash	2014	16th	46.53
	400m dash	2015	44th	47.99
Scottie Jones	110m hurdles	2010	17th	14.31
	110m hurdles	2011	28th	14.08
Trey Jones	4x400m relay	2012	10th	3:06.51
Henry Jordan	Long jump	2011	31st	23' 4.5"
	Long jump	2012	20th	24' 7.25"
	100m dash	2012	40th	10:58
	4x100m relay	2012	16th	40.50
Garrett Larson	Long jump	2015	21st	17' 0.75"
Jesse Martinez	4x400m relay	2012	10th	3:06.51
Kristen Mitchell	100m dash	2013	31st	10.34
Jeffrey Moore	800m run	2016	33rd	1:51.42
	800m run	2017	12th	1:48.46
Matt Muegeler	4x100m relay	2012	16th	40.508
Jay Newman	400m hurdles	2010	38th	53.37
Michael Nichols	Shot put	2017	33rd	54' 10"
Ryan Oakes	Pole vault	2012	36th	16' 8.75"
Jay Roberson	Pole vault	2014	36th	No mark
	Pole vault	2017	18th	16' 10.75"
Saige Revell	Triple jump	2016	42nd	47' 3.5"
Preston Sanders	Shot put	2011	31st	54' 3.75"
	Shot put	2012	23rd	57' 0.75"
Jacob Schultz	Shot put	2011	29th	54' 6.5"

NCAA PRELIM ROUND FINISHES (Continued)

Trevor Sealy	Hammer	2012	30th	190' 3"
	Hammer	2013	15th	203' 2"
	Hammer	2015	15th	205' 8"
Kalvin Singletary	Hammer	2016	33rd	193' 8"
	Discus	2016	39th	160' 10"
Karique Stephen	Triple jump	2011	24th	50' 2"
	Triple jump	2012	18th	50' 10"
William Stark	110m hurdles	2015	41st	14.37
	110m hurdles	2016	44th	14.95
	110m hurdles	2017	34th	14.45
Ashton Summers	Pole vault	2017	22nd	16' 10.75"
Matthew Viverette	110m hurdles	2012	22nd	14:10
	110m hurdles	2013	37th	14.69
	400m hurdles	2012	24th	53.15
	400m hurdles	2013	25th	52.29
	400m hurdles	2015	19th	51.62
	110m hurdles	2015	7th	13.69
Charles White	Long jump	2012	37th	23' 9"
	Triple jump	2012	5th	51' 10.5"
	Triple jump	2013	12th	51' 3.5"
	Triple jump	2014	24th	49' 7.75"
Jarrick Wright	100m dash	2012	47th	10.78
	100m dash	2013	24th	10.79
	100m dash	2014	27th	10.58
	200m dash	2012	37th	21.58
4x100 relay	Henry Jordan, D. J. Hayes			
	Matt Muegeler, Jarrick Wright	2012	16th	40.50
4x100 relay	Dedrick Brooks, Justin Jenkins			
	Rodney Jones, Jarrick Wright	2014	18th	40.62
4x400 relay	Marquis Sneed, Brian Hellaire,			
	Rodney Jones, D. J. Hayes	2011	17th	3:10.50
4x400 relay	Trey Jones, Brian Hellaire,			
	Jesse Martinez, D. J. Hayes	2012	10th	3:06.51
4x400 relay	Dedrick Brooks, Chris Jefferson,			
	Rodney Jones, Justin Jenkins	2015	14th	40.03

NCAA REGIONAL FINALISTS

Matt Adkisson	Pole vault	2007	2nd	17' 1"
Michael Courtney	4x400 relay	2006	6th	3:08.49
	400m dash	2009	6th	46.08
Chris Cralle	Hammer	2008	6th	203' 7"
	Hammer	2009	5th	203' 7"
Lane Dennis	400m hurdles	2009	2nd	50.37
Chris Edison	4x100 relay	2005	8th	40.30
	4x400 relay	2006	6th	3:08.49
Adrian Ray	110m hurdles	2003	3rd	13.86
	4x100 relay	2005	8th	40.10
Chris Stewart	100m dash	2003	6th	10.64
	200m dash	2003	5th	20.90
D. D. Terry	4x100 relay	2005	8th	40.10
	4x400 relay	2006	6th	3:08.49
James Thomas	Javelin	2003	8th	218' 3"
John Thomas	4x400 relay	2006	6th	3:08.49
Jon Tipton	Discus	2008	7th	170' 1"
	Discus	2009	1st	192' 3"
Adam Wooten	200m dash	2005	6th	21.31

NCAA NATIONAL PROVISIONAL QUALIFIERS

Courtney Boston	100m dash	2002	10.34
John Cordes	Decathlon	1999	7,321
Joey Foster	100m dash	1996	10.56
	200m dash	1996	20.90
Chris Gonzalez	Shot put	1997	58' 7.5"
	Discus	1997	183' 0"
	Shot put	1998	60' 1.25"
	High jump	1997	7' 1.75"
Quinton McLeod	Long jump	1998	24' 1.75"
Calvin Robinson	Javelin	2001	224' 9"
Chris Sitka	200m dash	2000	20.71
Chris Stewart	Pole vault	1997	17' 8.5"
Shane Stewart	Pole vault	1999	17' 7.75"

SOUTHLAND CONFERENCE AWARDS

Chris Jefferson	2017 Running Events Outstanding Performer		
	100 meters	1st	10.31
	200 meters	1st	20.61
	4x100 relay	2nd	40.33
Chris Gonzalez	1995 Field Outstanding Performer		
	Shot put	1st	54' 7.5"
	Discus	2nd	153' 2"
	1998 Field Outstanding Performer		
Shane Stewart	Shot put	1st	59' 2.25"
	Discus	1st	177' 1"
	1997 Field Outstanding Performer		
	Pole vault	1st	17' 8.5"
Chris Stewart	2003 Men's Athlete of the Year		
	2003 Men's Running Events		
	2003 High Point Scorer		
	100m dash	1st	10.24
Adrian Ray	200m dash	1st	20.64
	4x100 relay	1st	40.19
	2005 Running Events Outstanding Performer		
	2005 Men's Athlete of the Year		
Raul Villarreal	110 hurdles	1st	13.68
	400 hurdles	1st	50.85
	4x100 relay	1st	40.26
	4x400 relay	1st	3:09.03
Brandon Mosley	2005 High Point Scorer		
	Steeplechase	1st	9:09.07
	5,000m run	1st	14:52.25
	10,000m run	1st	31:51.93
Chris Gilchrist	2006 Men's High Point Scorer		
	5,000m run	1st	14:55.02
	10,000m run	2nd	32:20.90
	Steeplechase	3rd	9:19.33
Jay Roberson	2009 Men's Newcomer of the Year		
	Long jump	1st	24' 1.75"
Jeffrey Moore	2014 Men's Freshman of the Year		
	Decathlon	6th	6,435
Jeffrey Moore	2016 Male Athlete of the Year		
	800m run	1st	1:52.36
	1,500m run	1st	3:54.58

SOUTHLAND CHAMPIONS

Tyler Adams	High jump	2015	6' 11.5"	Justin Jenkins	100 meters	2015	10.24	4x100 relay	Adrian Ray, Chris Stewart,		
	Decathlon	2016	7,259	Matt Johnson	4x100 relay	2015	40.06		Courtney Boston, Adam Wooten	2003	40.19
Matt Adkisson	Pole vault	2006	17' 6.5"	Rodney Jones	Decathlon	2013	7,496	4x100 relay	Adrian Ray, Adam Wooten		
	Pole vault	2007	17' 6.5"		4x100 relay	2015	40.06		Chris Edison, Fred Turner,	2005	40.26
De'Quad Binder	800m run	2013	1:53.39	Trey Jones	4x400 relay	2011	3:09.97	4x100 relay	Kevin Houston, Tyrone Lee,		
	800m run	2014	1:50.93	Tyrone Lee	4x100 relay	2012	3:07.49		Michael Courtney, D. D. Terry	2006	40.16
Courtney Boston	100m dash	2002	10.36	Jesse Martinez	4x400 relay	2012	3:07.49	4x400 relay	Lane Dennis, Aaron Russell,		
	200m dash	2002	21.12	Jeffrey Moore	800m run	2016	1:52.36		Chris Edison, Adrian Ray	2005	3:09.03
	4x100 relay	2003	40.19		800m run	2017	1:50.88	4x400 relay	Michael Courtney, D. D. Terry		
Dedrick Brooks	4x100 relay	2015	40.06		1,500m run	2016	3:54.58		John Thomas, Chris Edison	2006	3:10.54
Robert Carr	Decathlon	1990	6,655		1,500m run	2017	3:46.47	4x400 relay	Lane Dennis, D. J. Hayes		
Terry Coleman	Shot put	2001	57' 10.25"	Andre Moseley	4x400m relay	2017	3:10.48		George Whitney, Michael Courtney	2008	3:09.90
John Cordes	Decathlon	1997	6933	Brandon Moseley	5000m run	2017	3:10.48	4x400 relay	Marquis Sneed, Brian Hellaire,		
	Decathlon	1999	7312	Eric Pouncey	4x400m relay	2017	3:10.48		Rodney Jones, D. J. Hayes	2011	3:09.97
Michael Courtney	400m dash	2007	46.49	Adrian Ray	110m hurdles	2003	13.71	4x100 relay	Trey Jones, Brian Hellaire		
	400m dash	2008	46.85		110m hurdles	2005	13.68		Jesse Martinez, D J Hayes	2012	3:07.49
	400m dash	2009	45.93		400m hurdles	2005	50.85	4x400 relay	Dedrick Brooks, Justin Jenkins		
	4x100 relay	2006	40.16		4x100 relay	2003	40.19		Rodney Jones, Chris Jefferson	2015	40.06
	4x400 relay	2006	3:10.54		4x100 relay	2005	40.26		Zachary Garcia, Jeffrey Moore		
	4x400 relay	2008	3:09.90		4x400 relay	2005	3:09.03		Eric Pouncey, Ethan Woods	2017	3:10.48
Chris Cralle	Hammer	2008	200' 2"	Aaron Russell	4x400 relay	2005	3:09.03				
	Hammer	2009	209' 10"	Kalvin Singletary	Hammer	2016	197' 7"				
	Hammer	2011	206' 8"	Jesse Smith	Decathlon	2005	6,897				
Lane Dennis	400m hurdles	2007	51.06	Marcus Sneed	4x400 relay	2011	3:09.97				
	400m hurdles	2008	50.63	Karique Stephen	Triple jump	2013	51' 9"				
	400m hurdles	2009	50.69	Chris Stewart	200m dash	2001	20.92				
	4x400 relay	2005	3:09.03		100m dash	2003	10.24				
	4x400 relay	2008	3:09.90		200m dash	2003	20.64				
Chris Edison	400m dash	2006	46.77		4x100 relay	2003	40.19				
	4x100 relay	2005	40.26	Shane Stewart	Pole vault	1997	17' 8.5"				
	4x400 relay	2005	3:09.03		Pole vault	1998	16' 7.25"				
Randy Flach	Pole vault	2005	18' 0.5"	D. D. Terry	4x100 relay	2006	40.16				
Anthony Garcia	Javlein throw	2016	224' 3"		4x400 relay	2006	3:10.54				
Zachary Garcia	4x400m relay	2017	3:10.48	John Thomas	4x400 relay	2006	3:10.54				
Chris Gilchrist	Long jump	2009	24' 1.75"	Jon Tipton	Discus	2009	190' 10"				
Chris Gonzalez	Shot put	1995	54' 7.5"	Fred Turner	4x100 relay	2005	40.26				
	Shot put	1997	57' 4"	Matt Viverette	110m hurdles	2015	13.87				
	Shot put	1998	59' 2.25"	Raul Villarreal	Steeplechase	2005	9:09.07				
	Discus	1998	177' 1"		5,000m run	2005	14:52.25				
Josh Hawkins	10,000m run	2006	32:20.35		10,000m run	2005	31:51.93				
D. J. Hayes	400m dash	2011	46.49	Charles White	Triple jump	2014	51' 7.75"				
	4x400 relay	2008	3:09.90	George Whitney	4x400 relay	2008	3:09.90				
	4x400 relay	2011	3:09.97	Ethan Woods	4x400m relay	2017	3:10.48				
	4x400 relay	2012	3:07.49	Adam Wooten	100m dash	2005	10.33				
Brian Hellaire	4x400 relay	2011	3:09.97		200m dash	2005	20.62				
	4x400 relay	2012	3:07.49		4x100 relay	2003	40.19				
Kevin Houston	4x100 relay	2006	40.16		4x100 relay	2005	40.26				
Simon Imagbe	4x100 relay	2015	40.06								
Chris Jefferson	100m dash	2017	10.31								
	200m dash	2017	20.61								
	4x100 relay	2015	40.06								

ALL-SOUTHLAND CONFERENCE

ALL-SOUTHLAND CONFERENCE					Chris Edison	400m dash	2005	3rd	47.66	Rodney Jones	4x400 relay	2011	1st	3:09.97		
Tyler Adams	High jump	2015	1st	6' 11.5"		400m dash	2006	1st	46.77		4x400 relay	2013	2nd	3:14.75		
						4x100 relay	2005	1st	40.26		4x100 relay	2015	1st	40.06		
						4x400 relay	2005	1st	3:09.03		400m dash	2015	3rd	46.54		
Kagan Angers	High jump	2016	2nd	6' 10.75"		4x400 relay	2006	1st	3:10.54	Scottie Jones	110m hurdles	2010	2nd	14.22		
						400m dash	2007	3rd	47.15			110m hurdles	2011	2nd	13.94	
Matt Adkisson	Long jump	2015	3rd	24' 0.75"	Christian Ehrenborg	Shot put	2006	2nd	55' 4.75"	Henry Jordan	4x100 relay	2012	3rd	40.29		
							Discus	2006	2nd		170' 9"		Steeplechase	1999	2nd	9:18.34
	Pole vault	2005	3rd	16' 0.75"	James Endlsey	Discus	2016	3rd	165' 7"	Tyrone Lee	4x100 relay	2006	1st	40.16		
	Pole vault	2006	1st	17' 6.5"			Pole vault	2002	3rd		16' 5.6"		4x400 relay	2012	1st	3:07.49
Roderick Allen	Pole vault	2007	1st	17' 6.5"	Randy Flach	Pole vault	2003	3rd	16' 8.75"	Travis Matthews	Pole vault	2008	2nd	16' 6.75"		
Joe Amburn	Triple jump	1999	2nd	51' 3"			Pole vault	2005	1st		18' 0.5"	Rodney Jones	400m dash	2013	3rd	47.67
	800m run	2002	2nd	3:50.10	Chris Foster	100m dash	1998	3rd	10.62		400m dash		2014	2nd	46.31	
	Steeplechase	2003	3rd	9:19.09			200m dash	1999	2nd	21.14		4x100 relay	2014	2nd	40.03	
Clint Anders	1500m run	2013	3rd	3:52.30		100m dash	1999	3rd	10.48	Trey Jones	4x400 relay	2012	1st	3:07.49		
Joseph Anderson	400m dash	2009	2nd	46.04		4x100 relay	1999	3rd	40.70		Garrett Larson	Pole vault	2016	3rd	17' 4.5"	
Evan Arambula	3,000m steeple	2016	2nd	9:19.61	Joey Foster	100m dash	1996	2nd	10.43	Quinton McLeod		High jump	1993	3rd	6' 11.75"	
De'Quad Binder	800m run	2013	1st	1:53.39			100m dash	1997	3rd		10.56		High jump	1994	3rd	6' 9.75"
Courtney Boston	800m run	2014	1st	1:50.93	Aaron Frick	Shot put	1997	3rd	52' 8"		High jump	1997	2nd	6' 11"		
	4x400 relay	2013	2nd	3:14.75			Discus	1999	2nd	164' 2"	Brice Miller	400m hurdles	2004	3rd	51.97	
	100m dash	2002	1st	10.36		Shot put	2002	3rd	52' 6.5"			400m hurdles	2006	2nd	52.04	
	200m dash	2002	1st	21.12	Clint Gallagher	Shot put	2002	3rd	52' 6.5"	Kristen Mitchell	4x100 relay	2013	2nd	3:14.75		
100m dash	2003	3rd	10.46			Javelin throw	2016	1st	224' 3"		Morten Monkholtm	1500m run	2007	3rd	3:53.14	
200m dash	2003	3rd	21.09	Anthony Garcia	Javelin throw	2016	1st	224' 3"	Jeffrey Moore	800m run		2016	1st	1:52.36		
4x100 relay	2003	1st	13.71		Chris Gilchrist	Long jump	2009	1st		24' 1.75"		1500m run	2016	1st	3:54.58	
Dedrick Brooks	4x100 relay	2015	1st	40.06			Long jump	2010	2nd	24' 1.5"	Andre Moseley	High jump	2014	1st	6' 9"	
Derrick Brooks	400m run	1998	3rd	47.66	Chris Gonzalez	Triple jump	2010	2nd	51' 6.5"	Brandon Moseley		5000m run	2005	2nd	14:55.36	
400m relay	1999	3rd	40.70			Shot put	1995	1st	54' 7.5"			5000m run	2006	1st	14:55.02	
Matt Buegeler	4x100 relay	2012	3rd	40.29			Discus	1995	2nd		153' 2"		10,000m run	2006	2nd	32:20.90
Robert Carr	Decathlon	1990	1st	6,655			Shot put	1997	1st		57' 4"		Steeplechase	2005	2nd	9:14.51
Terry Coleman	Shot put	1997	2nd	54' 2"			Discus	1997	2nd	171' 1"		Steeplechase	2006	3rd	9:19.33	
John Cordes	Shot put	1998	2nd	56' 2"		Shot put	1998	1st	59' 2.25"	Jay Newman	400m hurdles	2010	3rd	52.43		
	Shot put	2001	1st	57' 10.25"		Discus	1998	1st	177' 1"			400m hurdles	2011	2nd	52.27	
	Decathlon	1997	1st	6933	Kavin Green	800m run	2005	3rd	1:51.23		Patrick Pitts	3,000 steeple	2015	3rd	9:18.74	
	Pole vault	1997	3rd	16' 8.5"			800m run	2006	3rd			1:52.64	Adrian Ray	110m hurdles	2002	3rd
Decathlon	1998	2nd	7049	Jim Grier	Shot put	1990	2nd	55' 6"		110m hurdles	2003	1st		13.71		
Pole vault	1998	3rd	15' 7.25"			4x100 relay	2013	2nd	3:14.75		110m hurdles	2005	1st	13.68		
Decathlon	1999	1st	7312	Leroy Harris	10,000m run	2006	1st	32:20.35		400m hurdles	2002	3rd	52.78			
Pole vault	1999	3rd	16' 6"		Josh Hawkins	400m dash	2008	2nd	47.15		400m hurdles	2005	1st	50.85		
Michael Courtney	400m dash	2006	2nd	46.83		D. J. Hayes	400m dash	2011	1st	46.49		4x100 relay	2003	1st	13.71	
400m dash	2007	1st	46.49		400m dash		2012	2nd	46.77		4x100 relay	2005	1st	40.26		
400m dash	2008	1st	46.85		4x100 relay	2008	3rd	40.39	Martin Reiger	4x400 relay	2005	1st	3:09.03			
400m dash	2009	1st	45.93		4x100 relay	2011	1st	3:09.97			Decathlon	1997	3rd	66.16		
4x100 relay	2006	1st	40.16		4x400 relay	2008	1st	3:09.90	Davy Roberts	Discus	1994	3rd	154' 3"			
4x100 relay	2008	1st	40.39		4x400 relay	2011	1st	3:09.97		Calvin Robinson	Long jump	1998	3rd	25' 5.5"		
4x400 relay	2006	1st	3:10.54		4x400 relay	2012	1st	3:07.49			Triple jump	1998	3rd	50' 8.75"		
4x400 relay	2008	1st	3:09.90		High jump	2011	2nd	6' 10.75"		4x100m relay	1999	3rd	40.70			
Chris Cralle	Hammer	2007	2nd	181' 9"	Louis Hedgeman	4x400 relay	2011	1st	3:09.97	Jose Rodriguez	10,000m run	2006	3rd	32:31.38		
Hammer	2008	1st	200' 2"			4x400 relay	2012	1st	3:07.49			4x400 relay	2005	1st	3:09.03	
Hammer	2009	1st	209' 10"	Kevin Houston	4x100 relay	2006	1st	40.16	Aaron Russell	Shot put	2012	3rd	57' 1.5"			
Hammer	2011	1st	206' 8"			4x100 relay	2008	3rd		40.39	Preston Sanders	Hammer	2012	3rd	185' 11"	
T. J. Cretors	Javelin	2004	2nd	204' 8"	Simon Imagbe	4x100 relay	2015	1st	40.06	Trevor Sealy		Hammer	2013	2nd	196' 11"	
Lane Dennis	400m hurdles	2005	3rd	51.38		Matt Johnson	Decathlon	2009	2nd		7,210		Hammer	2015	3rd	195' 11"
400m hurdles	2007	1st	51.06		Decathlon		2013	1st	7,496		Decathlon	2011	2nd	6,196		
400m hurdles	2008	1st	50.63		110m hurdles	2009	2nd	14.22		Hammer	2016	1st	197' 7"			
400m hurdles	2009	1st	50.69		110m hurdles	2013	3rd	14.35	Josh Sigmon	Javelin	1999	2nd	217' 0"			
4x100 relay	2008	3rd	40.39	Chris Jefferson	4x100 relay	2015	1st	40.06			Javelin	2000	2nd	210' 2"		
4x400 relay	2005	1st	3:09.03		Justin Jenkins	4x100 relay	2014	2nd	40.03	Jesse Smith	Decathlon	2005	1st	6,897		
4x400 relay	2008	1st	3:09.90			100m dash	2015	1st	10.24			4x400 relay	2011	1st	3:09.97	
					4x100 relay	2015	1st	40.06								
					200m dash	2015	2nd	20.81								

ALL-SOUTHLAND (Continued)

Chris Speaks	3,000m steeple	2016	3rd	9:20.94
William Stark	110m hurdles	2016	3rd	14.21
Karique Stephen	Triple jump	2012	3rd	50' 5.25"
	Triple jump	2013	1st	51' 9"
Chris Stewart	4x100 relay	1999	3rd	40.70
	100m dash	2000	3rd	10.46
	200m dash	2001	1st	20.92
	100m dash	2001	3rd	10.45
	100m dash	2003	1st	10.24
	200m dash	2003	1st	20.64
	4x100 relay	2003	1st	40.19
Shane Stewart	Pole vault	1997	1st	17' 8.5"
	Pole vault	1998	1st	16' 7.25"
	Pole vault	1999	2nd	16' 6"
D. D. Terry	4x100 relay	2006	1st	40.16
	4x400 relay	2006	1st	3:10.54
James Thomas	Javelin	2003	2nd	227' 7"
John Thomas	400m hurdles	2006	3rd	52.51
	4x400 relay	2006	1st	3:10.54
	110m hurdles	2007	2nd	14.29
Jon Tipton	Discus	2009	1st	190' 10"
Fred Turner	4x100 relay	2005	1st	40.26
Ely Umanzor	5,000m run	2005	3rd	14:56.51
Matt Viverette	110m hurdles	2012	2nd	13.93
	110m hurdles	2013	2nd	14.31
	400m hurdles	2013	3rd	52.89
	4x400 relay	2013	2nd	3:14.75
	110m hurdles	2015	1st	13.87
	400m hurdles	2015	2nd	50.88
Raul Villarreal	Steeplechase	2001	2nd	9:07.73
	Steeplechase	2002	3rd	9:35.29
	Steeplechase	2003	2nd	9:15.49
	Steeplechase	2005	1st	9:09.07
	5,000m run	2005	1st	14:52.25
	10,000m run	2002	2nd	32:18.96
	10,000m run	2003	3rd	31:39.18
	10,000m run	2005	1st	31:51.93
Andrew Waller	4x400 relay	2013	2nd	3:14.75
Charles White	Triple jump	2012	2nd	50' 10.25"
	Triple jump	2013	2nd	51' 3.75"
	Triple jump	2014	1st	51' 7.75"
Treyvion White	4x100 relay	2013	2nd	3:14.75
George Whitney	4x400 relay	2008	1st	3:09.90
Torrance Williams	4x100 relay	2014	2nd	40.03
Adam Wooten	100m dash	2003	2nd	10.41
	100m dash	2005	1st	10.33
	200m dash	2003	2nd	21.05
	200m dash	2005	1st	20.62
	4x100 relay	2003	1st	40.19
	4x100 relay	2005	1st	40.26
Jarrick Wright	4x100 relay	2012	3rd	40.29
	4x100 relay	2013	2nd	3:14.75
	4x100 relay	2014	2nd	40.03

OUTDOOR SCHOOL RECORDS**SHOT PUT**

60' 1.25"	Chris Gonzalez	1998	Baton Rouge
59' 8.5"	Chris Gonzalez	1998	Natchitoches
59' 2.25"	Chris Gonzalez	1998	San Marcos*
58' 7.5"	Chris Gonzalez	1997	College Station
58' 5.25"	Chris Gonzalez	1997	Arlington
Other Top Individuals			
58' 0.25"	Michael Nichols	2017	Houston
57' 10.25"	Terry Coleman	2001	Arlington*
57' 7"	Jacob Shultz	2011	Natchitoches
57' 1.5"	Preston Sanders	2012	San Marcos*
55' 6.25"	Jim Grier	1990	San Marcos*

DISCUS

196' 6"	Jon Tipton	2009	Natchitoches
192' 3"	Jon Tipton	2009	Norman
190' 10"	Jon Tipton	2009	Nacogdoches*
185' 6"	Chris Gonzalez	1998	Beaumont
183' 0"	Chris Gonzalez	1997	Nacogdoches
Other Top Individuals			
180' 0"	Chris Cralle	2008	Houston
178' 6"	Mark Kimrey	2005	Beaumont
175' 3"	Christian Ehrenborg	2006	Arlington

HAMMER

224' 0"	Chris Cralle	2011	Nacogdoches
223' 4"	Chris Cralle	2011	Houston (Rice)
221' 10"	Joshua Hernandez	2017	Austin
221' 1"	Chris Cralle	2011	Austin
218' 9"	Chris Cralle	2011	Eugene
218' 1"	Chris Cralle	2011	Des Moines
Other Top Individuals			
207' 5"	Joshua Hernandez	2017	Houston
207' 3"	Anthony Garcia	2016	Huntsville
205' 8"	Trevor Sealy	2015	Austin
200' 9"	Trevor Sealy	2013	Houston (Rice)
198' 6"	Brek Christensen	2013	Huntsville
181' 11"	Ammaad McCarthy	2013	Lake Charles, La.

JAVELIN

227' 9"	James Thomas	2003	San Marcos*
224' 9"	Chris Sitka	2001	Austin
224' 3"	Anthony Garcia	2016	Corpus Christi*
218' 3"	James Thomas	2003	Lincoln
217' 7"	Chris Sitka	1999	Nacogdoches*
217' 0"	Chris Sitka	2000	Natchitoches*
Other Top Individuals			
215' 11"	Anthony Garcia	2017	Austin
213' 4"	Anthony Garcia	2017	Baton Rouge
211' 7"	T. J. Cretors	2003	Nacogdoches
204' 0"	Jonny Tipton	2007	Lake Charles, LA

HIGH JUMP

7' 1.75"	Quinton McLeod	1997	Nacogdoches
7' 1.50"	Tyler Adams	2015	Austin
7' 1"	Gary Davidson	1990	Huntsville
7' 1"	Quinton McLeod	1997	Austin
7' 0.25"	Tyler Adams	2016	Corpus Christi*
7' 0"	Quinton McLeod	1993	Huntsville
7' 0"	Matt Herzog	1997	Nacogdoches
Other Top Individuals			
6' 11.75"	Tyler Adams	2015	Austin
6' 11"	Louis Hedgeman	2011	Nacogdoches

LONG JUMP

25' 5.5"	Calvin Robinson	1998	San Marcos*
25' 5.25"	Artis Edwards	2010	Natchitoches
25' 4.5"	Artis Edwards	2011	Natchitoches
25' 2"	Chris Gilchrist	2009	Houston (Rice)
24' 7.25"	Chris Gilchrist	2010	Austin
Other Top Individuals			
24' 6.75"	Henry Jordan	2011	El Paso
24' 6.25"	Chris Stewart	2000	Natchitoches*
24' 6.25	Charles White	2012	Nacogdoches
Top Wind-Aided Marks (>4.0 m/s)			
26' 7.75"	Artis Edwards	2011	Waco
24' 9.25"	Henry Jordan	2011	Waco
24' 3.75"	Matt Johnson	2011	Austin

TRIPLE JUMP

51' 10.5"	Charles White	2012	NCAA West
51' 9"	Karique Stephen	2013	Lake Charles, La. *
51' 7.75"	Charles White	2014	Conway, Ark.*
51' 6.5"	Chris Gilchrist	2010	Arlington*
51' 5.5"	Roderick Allen	1998	Natchitoches
Other Top Individuals			
51' 3.5"	Artis Edwards	2011	Natchitoches

POLE VAULT

18' 0.5"	Randy Flach	2005	Huntsville*
17' 8.5"	Shane Stewart	1997	Huntsville*
17' 7.75"	Shane Stewart	1999	College Station
17' 6.5"	Matt Adkisson	2007	Nacogdoches*
17' 6.5"	Matt Adkisson	2006	Arlington*
17' 6.5"	Garrett Larson	2016	Walnut, Calif.
Other Top Individuals			
17' 4.5"	Jay Roberson	2015	Austin
17' 2"	John Cordes	1999	College Station

100 METERS

10.08	Chris Jefferson	2017	Austin
10.24	Justin Jenkins	2015	Hammond, La.*
10.24	Chris Stewart	2003	San Marcos*
10.28	Justin Jenkins	2015	Hammond, La.*
10.29	Chris Stewart	2003	Lincoln
10.31	Chris Jefferson	2017	New Orleans*
10.32	Chris Jefferson	2017	New Orleans*
Other Top Individuals			
10.33	Adam Wooten	2005	Huntsville*
10.34	Courtney Boston	2002	Arlington*
10.36	Courtney Boston	2002	Arlington*

200 METERS

20.40	Chris Stewart	2003	Lincoln
20.61	Chris Stewart	2003	Waco
20.61	Chris Jefferson	2017	New Orleans*
20.62	Adam Wooten	2005	Huntsville*
20.64	Chris Stewart	2002	Arlington*
20.71	Chris Stewart	2000	Baton Rouge
Other Top Individuals			
20.90	Joey Foster	1996	College Station
20.90	Justin Jenkins	2015	Austin
20.95	Courtney Boston	2003	San Marcos*
20.95	Rodney Jones	2014	Austin

400 METERS

45.93	Darryl Hayes	2009	Nacogdoches*
46.04	Michael Courtney	2009	Nacogdoches*
46.08	Michael Courtney	2009	Norman
46.2	Charlie Phillips	1982	Lone Star
46.29	Darryl Hayes	2012	Huntsville
Other Top Individuals			
46.31	Rodney Jones	2014	Conway, Ark.*
46.47	Rodney Jones	2015	Houston (Rice)

800 METERS

1:47.40	Jeffrey Moore	2017	Eugene, Ore.
1:48.42	Jeffrey Moore	2016	Huntsville
1:48.46	Jeffrey Moore	2017	Austin
1:49.07	Jeffrey Moore	2017	Baton Rouge
1:49.26	Jeffrey Moore	2016	Houston
1:49.68	Jeffrey Moore	2016	Walnut, Calif.
1:49.80	De'Quad Binder	2014	Austin
Other Top Individuals			
1:49.80	De'Quad Binder	2014	Austin
1:52.29	Freddy Arellano	2012	San Marcos*

OUTDOOR RECORDS Continued***Mark at Southland Conference Championships****1500 METERS**

3:46.47	Jeffrey Moore	2017	New Orleans*
3:46.94	Jeffrey Moore	2017	Asuza, Calif.
3:49.96	Morten Munkholm	2007	Waco
3:50.10	Joe Amburn	2002	Arlington*
3:50.92	Joe Amburn	2003	Austin
3:52.49	Joe Amburn	2003	Houston
3:52.80	Chris Speaks	2017	Houston
3:52.89	Jeffrey Moore	2016	Long Beach, Calif.

Other Top Individuals

3:53.14	Morten Munkholm	2007	Nacogdoches*
3:52.30	Clint Anders	2013	Lake Charles, La.*
3:54.00	Calvin White	1991	Austin
3:54.05	Derek Koonts	1999	College Station

3000 METERS

8:34.20	Raul Villarreal	2005	Huntsville
8:41.29	Josh Hawkins	2005	Houston
8:43.91	Raul Villarreal	2002	Nacogdoches
8:44.4	Ely Umanzor	2004	Huntsville
8:46.99	Dustin Joubert	2005	Huntsville

Other Top Individuals

8:47.01	Karl Schreiber	2014	San Antonio
---------	----------------	------	-------------

5000 METERS

14:26.24	Chris Speaks	2017	Austin
14:42.04	Chris Speaks	2016	Azusa, Calif.
14:45.99	Brandon Moseley	2005	Houston (Rice)
14:46.61	Brandon Moseley	2006	Nacogdoches
14:48.1	Scott Heaton	1993	Waco

Other Top Individuals

14:52.25	Raul Villarreal	2005	Huntsville*
14:54.7	Miguel Gonzales	1992	Huntsville
14:56.40	Taylor Ray	2008	Houston (Rice)
14:57.03	Alex Hernandez	2017	Nacogdoches

10,000 METERS

29:58.62	Raul Villarreal	2005	Stanford, Calif.
30:29.04	Chris Speaks	2017	Torrance, Calif.
30:51.7	Miguel Gonzales	1991	Houston
31:00.15	Miguel Gonzales	1994	Huntsville
31:24.58	Scott Heaton	1993	Nacogdoches
31:27.54	Chris Speaks	2017	New Orleans*

Other Top Individuals

31:34.62	Derek Koonts	1999	Austin
31:45.41	Daniel Jones	2014	Conway, Ark.*

110 METER HURDLES

13.44	Adrian Ray	2005	Houston
13.63	Adrian Ray	2005	Beaumont
13.4	Efren Gibson	1970	Lone Star
13.68	Adrian Ray	2005	Huntsville*
13.69	Matt Viverette	2015	Austin
13.71	Adrian Ray	2003	San Marcos*
Other Top Individuals			
13.94	Scottie Jones	2011	Natchitoches*
14.07	John Thomas	2009	Norman
14.10	Matt Viverette	2012	San Marcos*

400 METER HURDLES

50.25	Lane Dennis	2009	Norman, Okla.
50.37	Matt Viverette	2015	Austin
50.58	Lane Dennis	2008	Des Moines
50.63	Lane Dennis	2009	Fayetteville
50.63	Lane Dennis	2008	Huntsville*
50.69	Lane Dennis	2009	Nacogdoches*

Other Top Individuals

50.85	Adrian Ray	2005	Huntsville*
51.25	Matt Viverette	2012	Huntsville
51.62	Bryce Miller	2005	Huntsville*
51.4	Efren Gibson	1970	Lone Star Conference

3,000 STEEPLECHASE

8:57.06	Chris Speaks	2017	Houston
9:01.45	Evan Arambula	2017	New Orleans*
9:07.03	Raul Villarreal	2003	Austin
9:07.56	Chris Speaks	2017	New Orleans*
9:07.73	Raul Villarreal	2001	Arlington*
9:09.07	Raul Villarreal	2005	Huntsville*
9:11.81	Brandon Moseley	2006	Fort Worth
9:14.51	Brandon Moseley	2005	Huntsville*

Other Top Individuals

9:15.22	Evan Arambula	2016	Walnut, Calif.
9:18.34	Derek Koonts	1999	Nacogdoches*
9:19.09	Joe Amburn	2003	San Marcos*
9:21.89	Miguel Gonzales	1991	Natchitoches

DECATHLON

7,686	Matt Johnson	2011	Austin
7,546	Matt Johnson	2011	Des Moines
7,496	Matt Johnson	2013	Lake Charles, La.*
7,312	John Cordes	1999	Nacogdoches*
7,266	Matt Johnson	2010	Austin
Other Top Individuals			
7,259	Tyler Adams	2016	Corpus Christi*
7,017	Jesse Smith	2005	Austin
6,787	Clint Blinka	2005	Nacogdoches
6,781	Jay Roberson	2015	Austin

4 x 100 RELAY

39.95	Simon Imagbe, Justin Jenkins, Rodney Jones, Chris Jefferson	2015	Houston (Rice)
39.95	Adrian Ray, Adam Wooten, Tyrone Lee, D.D. Terry	2005	Austin
40.03	Dedrick Brooks, Justin Jenkins, Rodney Jones, Chris Jefferson	2015	Austin
40.03	Torrance Williams, Justin Jenkins, Rodney Jones, Jarrick Wright	2014	Conway, Ark.*
40.06	Dedrick Brooks, Justin Jenkins, Rodney Jones, Chris Jefferson	2015	Hammond, La.*

4 x 200 RELAY

1:24.17	Tyrone Lee, Chris Edison, John Thomas, D.D. Terry	2006	Austin
---------	---	------	--------

4 x 400 RELAY

3:06.51	Trey Jones, Brian Hellaire, Jesse Martinez, D. J. Hayes	2012	San Marcos
3:07.13	Darryl Hayes, Lane Dennis, Leon Banks, Michael Courtney	2009	Norman
3:07.65	Trey Jones, Brian Hellaire, Alex Gilbreath, Rodney Jones	2013	Austin
3:08.21	Brad Buegeler, Aaron Russell, Chris Stewart, Adrian Ray	2003	Lincoln
3:08.45	Lane Dennis, Michael Courtney, John Thomas, Chris Edison	2007	Austin

4 x 800 RELAY

7:45.37	Bailey Rhodes, Robert Monticone, Kennedy Howard, Jeffrey Moore	2016	Austin
7:47.01	Calvin White, Mike Clafferty, Miguel Gonzales, Jon Stone	1991	Austin

SPRINT MEDLEY RELAY

3:17.79	Justin Jenkins, Chris Jefferson, Rodney Jones, Jeffrey Moore	2015	Austin
3:20.64	Kristen Mitchell, Jarrick Wright, Rodney Jones, De'Quad Binder	2014	Austin
3:22.13	Chris Stewart, Courtney Boston, Adrian Ray, Joe Amburn	2003	Austin

DISTANCE MEDLEY RELAY

9:55.64	Evan Arambula, Eric Pouncy, Robert Monticone, Jeffrey Moore	2016	Austin
10:00.15	Raul Villarreal, Aaron Russell, Keith Jensen, Joe Amburn	2003	Des Moines, IA

MEN'S TRACK & FIELD LETTER WINNERS

Acebo, Charles 1963	Ballard, David 1988	Brandon, John 1965	Coleman, Terry 1997 1998 1999 2001	Duckworth, James 1966 1967 1968	Freeney, Thess 1981	Gutierrez, Ruben 2009
Adams, Jerry 1968 1969	Banks, Leon 2009 2010	Braun, Andrew 1995 1996	Collier, William Lee 1953	Dunham, Philip 2007	Freeney, Vindell 1980	Guyer, Rob 1990
Adams, Rick 1991	Barefield, Elijah 1998 1999 2000 2001 2002	Bridges, Vance 2000 2001 2002 2003	Collin, Bill 1952	Durrant, Mark 1987 1988	Frick, Aaron 1996 1997 1998 1999	Harbison, Mike 1996
Adams, Tyler 2015, 2016	Barefield, Marcus 1976 1977	Brooks, Dedrick 2014 2015 2016	Collins, Mike 1953	Dziuk, Dustin 2007	Gains, Al 1992	Hamilton, Joshua 2017
Adkisson, Matt 2005 2006 2007	Barfield, Curtis 1952	Brooks, Derrick 1997 1998 1999	Compton, Coree 2017	Easton, Don 1970	Gallagher, Clint 2000 2001 2002 2003	Hardy, Tom 1964
Akens, Aaron 2015 2016 2017	Barfield, Harold 1947	Brown, Clayton 1999	Cooley, John Paul 1969	Edison, Chris 2005 2006 2007	Garcia, Anthony 2015 2016	Harper, Sid 1987 1988 1989
Alexander, Courtney 2004	Barkley, Gerald 1979 1980 1981	Brown, Matthew 2015 2016	Cook, Cody 1994	Edmond, Kieth 2005 2006 2007	Gardner, Benford 1946	Harris Jonathan 2005 2006 2007 2008
Alexander, Jake 2016	Barnes, Warren 1970 1971	Bryant, Robert 1960	Cooper, David 1992	Edwards, A. J. 2009 2010 2011	Gasca Zachary 2017	Harris, Leroy 2013
Alexander, Jerry 1953	Barnett, Abby 1992	Buegeler, Brad 2001 2002 2003	Copeland, Jerry 1965	Edwards, Artis 1981	Gayle, Jim 1989	Harris, Terry 1953 1954
Allen, Demartie 2015	Barron, Jerrell 2000	Buegeler, Matt 2012	Corbett, Stephen 2006	Ehrenberg, Christian 2006	Gilchrist, Chris 2009 2010	Hartman, Tommy 1962 1963 1964 1965
Allen, Roderick 1997 1998 1999 2001	Bartlett, Randy 1970	Buley, Grant 2016 2017	Cordes, John 1997 1998 1999	Elliott, Dylan 2016	Gillispie, Clint 2003	Hawkins, Richard 1958 1959
Amburn, Joe 2000 2001 2002 2003	Bassinger, John 1980 1981	Bullard, Preston 1953	Cornett, Charles 1997	Emshoff, John 1995 1996	Gilreath, Alex 2013 2014 2015	Hawkins, Josh 2005 2006 2008
Amos, James 1953	Batson, David 1987 1988	Burrow, Brad 1998 1999	Courtney, Michael 2006 2007 2008 2009 2010	James Endsley 2014 2015 2016	Ginley, Matt 1997	Hawkins, William 1970
Anders, Alan 1977	Beasley, Kevin 2016	Cadena, Manuel 1998 1999 2000	Courtney, Tim 1989	Ervin, Curtis 1978	Gipson, Efen 1970 1971	Hayes, Darryl 2008 2009 2011 2012
Anders, Clint 2009 2010 2011 2013	Bernard, Cutter 2010 2012 2013	Carper, Nick 1998	Cralle, Chris 2007 2008 2009 2011	Eubanks, Dan 1968	Goffney, Joseph 1995	Haynes, Earnest 1971
Angers, Kagan 2015 2017	Belt, Bobby Ray 1952 1953	Carr, Jacob 1990 1991	Cretors, T. J. 2001 2003 2004 2005	Evans, Duane 1953 1954	Gonzales, Miguel 1990 1991 1992 1994	Heaton, Scott 1991 1992 1993 1995
Anderson, Joseph 2008 2009 2010 2011	Bethell, Craig 1993 1994 1995	Carr, Robert 1990 1991 1992 1993 1994	Cross, Rashad 1990	Fields, Jarvis 1994	Gonzalez, Chris 1995 1996 1997 1998	Hedgeman, Louis 2011
Andreas, Tracy 1977 1978	Binder, De'Quad 2013 2014	Carroll, Ricky 1979	Davidson, Gary 1989 1990 1991	Finch, Bill 1958 1959 1960	Gooch, Joe 1957	Hellaire, Brian 2011 2012
Andrews, Jonathan 2014 2015 2016	Black, Bo 1992	Castleman, Tommy 1988 1989	Davis, Chris 2006 2007 2008	Fitz, Joe 1950 1951	Goodman, Keith 1992	Henderson, Bryan 2017
Angerman, Jerry 1959	Black, William 1963 1964 1965	Caswell, John 1999	Davis, Reggie 2013	Fitzhugh, James 1987	Gottlob, Don 1951	Hendryx, Sean 1988 1989
Angers, Kagan 2015, 2016	Blauser, Andy 2010	Cemosek, John 1967 1968	Dennis, Lane 2005 2006 2007 2008 2009	Flach, Randy 2002 2003 2004 2006	Graham, James 1946 1947 1948	Henry, Charles 1980
Arambula, Evan 2014 2015 2016	Blinka, Clint 2002 2003 2004 2006	Chambers, Rickardo 2010	D'Eramo, Joey 2009	Fontenot, Kevin 1986	Green, Kavin 2004 2005 2006	Henlsey, Thomas 1996 1997 1999 2000
Arrelano, Freddy 2012 2013	Blinka, Stan 1976 1977 1978 1979	Christian, Al 1997 2000	Descant, Mark 1999	Forrest, Aaron 1994	Green, Tonzell 1991 1992 1995	Henson, Don 1992 1993
Arolfo, Trey 1993 1994 1995 1997	Boles, Bennie 1953 1954 1955 1956	Christian, Brian 1968 1969	Dickson, Russell 1981	Foster, Dallas 1994	Grier, Jim 1989 1990 1991 1992	Hentschel, Jerry 1953 1954
Austin, Bobby 1959	Boston, Courtney 2001 2002 2003 2004	Christian, Shane 2001 2002 2003 2004	Donovan, Derek 1984	Fortson, Carlton 1996 1997	Griffin, Brian 1976 1977 1978 1979	Herod, Jack 1970
Autrey, Sam 1947 1948 1949	Bounds, Kenneth 1949 1950	Christensen, Brek 2010 2011 2013 2014	Dotson, Will 1992 1993	Foster, Chris 1997 1998 1999 2001	Grisham, Bobby 1955 1956 1957	Hernandez, Alex 2017
Babbs, Joey 2014 2015 2016	Bounds, John 2014 2015 2016	Clafferty, Mike 1990 1991 1992	Dove, Joe 1957	Foster, Joey 1994 1995 1996 1997	Grubbs, Edward 1957	Hernandez, Joshua 2017
Baker, Mitchell 1964 1965	Bowling, Brandon 1996 1997 2000 2002	Cole, Dexter 2004 2005 2006 2007	Doyle, Cully 1999	Foxworth, Alton 1946	Guillory, Chris 2007 2008	Herzog, Matt 1995 1997
Baldwin, Bobby 1954 1955 1956	Brain, Matt 1996 1997 1998 1999	Coleman, Lawrence 2017	Dubiel, Oliver 2012 2013	Franz, Raymond 1956 1957	Gurney, Justin 1997	Hickman, Jason 2011 2012

Hightower, Jeff 1993 1994 1996	Johnson, Jeremiah 1995	Kocian, Byron 1991	Lynch, Bobby 1954 1955 1956	McMurray, Cap 1963	Murphy, John 1991	Platt, Jim 1958 1959
Herring, Obrey 2000 2001	Johnson, Marcin 1988	Kocurek, Travis 2009 2010 2011	Mack, Joshua 2017	McWilliams, Dale 1978	Murphy, Lee 1978	Pluss, David 1997 1998
Hickman, Jason 2010	Johnson, Matt 2010 2011 2013	Koonts, Derrick 1996 1997 1998 1999	Maclear, Rack 1955 1956	Mechalec, Ralph 1954	Murphy, Pat 1948	Polk, Eric 2000
Hill, Chuck 1968 1969 1970 1971	Johnson, Raymond 1977 1978 1979	Krehbiel, Ryan 1995 1996	Maddin, Harry 1951 1952	Merkins, Guido 1975	Murphy, Paul 2002	Ponce, Palo 2013 2014
Hill, Eddie 1949 1950 1952	Jones, Cedric 1989	Krol, Patrick 2009 2010 2011 2012	Mallett, Danny 1971	Merrill, Warren 1991 1992 1993 1994	Nelson, Chris 2008 2009	Poole, Larry 1971
Hirata, Kazuya 1999	Jones, Daniel 2014	Kubera, Trevor 2013 2014 2015 2016	Marchant, John 1964	Michael, Julius 2008 2009 2010	Nettles, Royce 1958 1959 1960	Pouncy, Eric 2016 2017
Hodde, Norman 1955 1956	Jones, James 2012	Lacina, Frank 1965	Martin, Craig 1996	Middleton, Dan 1957	Newman, Jay 2008 2009 2010	Pratus, Charlie 1998 1999
Houston, Kevin 2007 2008 2009 2010	Jones, Norris 1971	Lacy, Ronnie 1963	Martin, Herman 1946 1947 1948	Mill, Eddie 1951	Nichols, Michael 2015 2016 2917	Prets, Dickie 1979 1980 1981
Howard, Kennedy 2014 2015 2016	Jones, Rodney 1990	Larson, Garrett 2014 2015 2016 2017	Martinez, Jesse 2011 2012	Miller, Bennie 1946	Nightengale, Steven 1971	Price, David 1967 1968
Howe, Jay 1977 1978 1979	Jones, Rodney 2011 2013 2014 2015	Latson, John 2001	Martinez, Martin 2003	Miller, Bryce 2003 2004 2005 2006	North, Datrel 2016	Price, Don 1971
Hughes, David 1971	Jones, Scottie 2008 2009 2010 2011	Lauter, Buddy 1968	Martinez, Ray 1994	Miller, Logan 2009 2010	Oakes, Ryan 2012	Price, Keith 2003 2004
Hunt, James 1963	Jones, Trey 2012	Lawson, Brian 1996	Massingill, Daniel 2000	Miller, Mike 1977 1978	O'Dell, Jeff 1981	Pucek, Ronald 1957
Hunter, Andy 2000 2001	Jones, William 1999 2000 2001	Lawson, Frank 1948 1949	Mathis, Donald 2010	Mims, Kevin 1980	Odunsi, Ganiyu 2008	Raisor, Kevin 2006
Hurtado, Christian 2000	Jordan, Henry 2009 2010 2011 2012	Leal, Victor 1959	Matthews, Austin 2008	Mitchell, Alonzo 2012	Olin, Ed 1949	Ramirez, Tomas 1959
Imagbe, Simon 2014 2015	Jordan, Jim 1962	Lee, Bob Allen 1953	Matthews, Russ 1987	Mitchell, Dale 1954	Oncken, Shandy 2003 2004	Rauls, Joe 1998
Jackson, Ramone 1989 1990	Jordan, Kenneth 1958 1959 1960	Lee, Tyrone 2004 2005 2006	Matthews, Sam 1970 1971	Mitchell, Joe 1949	O'Hearn, Tim 1971	Ray, Adrian 2001 2002 2003 2005
Janes, Rich 1990	Joseph, John 2015	Leon, Jordan 2017	Matthews, Travis 2008	Mitchell, Kristen 2013 2014	O'Neal, Damian 2016	Ray, Bennie 1962
January, Tony 1980	Joubert, Dustin 2005 2006 2007 2008	Lewis, Larry 1956 1957	Mauldin, Russell 1979	Mobley, Joe 1989	Owens, Bill 1968 1969 1970	Ray, James 2008
Jefferson, Chris 2015 2016 2017	Jurica, Joe 1967 1968	Lindsey, Cre 1960 1961 1962 1963	May, Larry 1960	Monticone, Robert 2015 2016	Pachuca, John 1967 1968 1969 1970	Ray, Taylor 2008 2009
Jefferson, Cliff 2014	Kazakewich, Scott 1999	Lininger, Aaron 1999 2000 2001 2002	McAlister, Leroy 1963 1964	Moore, Bobby 1967 1968	Pallan, James 1962 1963 1964 1965	Reeder, Jim 1965 1966 1967 1968
Jenkins, Justin 2014 2015 2016	Keenan, Charles 1953	Littles, Elvis 1971	McCall, Fabian 2017	Moore, Jeffrey 2015 2016 2017	Patterson, C. J. 2009 2010	Reese, Cody 2004
Jensen, Keith 2003	Kellough, L. M. 1956 1957	Llanes, Isai 2002 2003 2004	McCarthy, Ammaad 2013 2014 2015	Moore, McNeil 1952 1953	Payne, Jim 1976	Reeves, Mark 1980 1981
Jentzen, Tyler 2015 2016	Kelly, Lloyd 1951 1952	Lockhart, Greg 1991	McCoy, Tim 1978 1979 1980	Morrison, Simon 1947	Perkins, Anthony 1980	Revell, Saige 2016 2017
Johnson, James 1996	Kennedy, Clarence 1949	Lorenz, Charles 1964 1965	McCray, Malcolm 1990 1991	Morton, Reese 2005 2006	Peterson, Barry 1977 1978 1980 1981	Rhodes, Bailey 2016
Johnson, Jaylen 2015	Khawaja, Jack 1995	Louis, Arthur 1978 1979 1980	McGinty, Gail 1956 1957	Moseley, Andre 2014 2015	Phillips, Charlie 1981	Richards, Gregg 1968
Johnson, Matt 2009 2011	Kight, David 1988	Lowe, George 2016	McGowan, Joel 2003 2004 2005 2006	Moseley, Brandon 2003 2004 2005 2006	Pierce, Paul 1964	Richards, Pat 1984
Jochec, Reubin 1949	Kimrey, Mark 2002 2003 2004 2005	Lu, Karl 2014	McKenzie, Chris 2002	Mouton, Joey 1997	Pike, Mike 1968	Rieger, Martin 1994 1995 1997 1998
Johansen, Thomas 2006	King, Kenneth 1997 1999	Luce, Ed 1964	McKinney, Andy 1995	Munkholm, Morton 2007	Pina, Edward 1999	Roberson, Jay 2014 2015 2016
Johnson, Clyde 1980 1981	Klaerner, Bryan 1995 1996 1997 1999	Luker, Bob 1957 1958 1959	McKinney, Mar 1988	Mujahid, Faheen 1995	Pinkley, Alfred 2014	Robinson, Calvin 1998 1999
Johnson, James 1995	Klaus, Ryan 1998	Luker, Tommy 1965	McLeod, Quinton 1993 1994 1996 1997	Murphy, Dean 1984	Pitts, Patrick 2012 2013 2014 2015	Robinson, Steve 1988

Robinson, TyMagic 2009	Schreiber, Karl 2012 2013 2014 2015	Standley, Charles 1995	Thompson, Earl 1969	Wesley, Michael 1992 1993 1994	Young, Howard 1968 1969
Robert, Bill 1960	Schwartz, Josh 2007	Stark, William 2013 2015 2016	Thompson, Roy 1989	White, Calvin 1991 1992 1993	
Roberts, Charles 1958 1959	Scotka, Mark 1958 1959	Starns, Clyde 1954 1956	Tipton, Jon 2007 2008 2009	White, Charles 2012 2013 2014	
Roberts, Davy 1994 1995	Scott, Kyler 2017	Stephen, Karique 2011 2012 2013	Tisdell, A.J. 2016 2017	White, Fred 1959 1960	
Rochelle, Tommy 1946 1947 1948	Scott, Michael 1980	Stephens, Homer 1970	Todd, Kyle 2002 2003	White, Greg 1977 1978 1979	
Rodanski, Jeff 1991 1992 1993 1994	Seal, Caleb 2001 2002 2003 2004	Stephenson, Matt 2008 2011	Tokic, Damir 1995	White, Treyion 2013	
Rodgers, Matt 2001	Sealy, Trevor 2012 2013 2014 2015	Stewart, Chris 1999 2000 2001 2003	Toman, Chris 1995 1996	Whitney, Georgie 2008	
Rodgers, Mike 1963	Shabaz, Akbar 1996	Stewart, Joe 1984	Torres, Carlos 1978	Wienecke, Keith 1962 1963 1964 1965	
Rodriguez, Jose 2004 2005 2006	Shandy-Kerby, Kelby 2008	Stewart, Randy 1990	Torres, Raul 1968	Wiley, Coryell 2002	
Rollins, Devon 2016	Shanks, Larry 1957	Stewart, Shane 1996 1997 1998 1999	Trammell, Tommy 1959	Williams, Antwaine 2000	
Rosas, Lucio 2013 2014 2015	Sheffield, Cecil 1989 1990	Stoker, Colton 2016	Triesch, Brad 1998	Williams, Derek 2016 2017	
Rose, Garrett 2013 2014	Sherman, Thomas 1977	Stone, Joe 1991 1992 1993	Turner, Andre 1989 1990	Williams, Dickie 1969 1971	
Roth, Mark 1971	Shultz, Jacob 2009	Stover, Rusty 1997 1998 1999	Turner, Fred 2004 2005	Williams, Torrance 2014	
Rowe, Larry 1970	Sigmon, Josh 2011	Sullivan, Bill 1948 1949 1950 1951	Umanzor, Ely 2003 2004 2005 2006	Wilburn, Tommy 1971	
Rueweler, Roger 2010 2011	Silva, Greg 1965	Sullivan, John 1948	Vaglienty, Fred 2004 2005	Wilson, Charles 1950	
Rumbo, Brent 1992 1993 1994 1995	Sims, Kent 1977	Sultemeier, Gene 1970 1971	Valka, Len 1987 1988	Wilson, Edward 1977	
Russell, Aaron 2003 2004 2005	Singletary, Kalvin 2014 2015 2016	Ashton Summers 2016 2017	Varro, Rob 1998 1999 2000	Wright, Jarrick 2011 2012 2013 2014	
Russell, Jason 2009 2010 2011	Sitka, Chris 1999 2000 2001	Summers, Glenn 1993	Varro, Steve 1995 1996 1997	Woolums, Blake 2010	
Rust, Leon 1956 1959	Skains, Kevin 1991 1992 1993 1994	Swope, Bruce 1975	Villarreal, Raul 2001 2002 2003 2005	Woodall, Jim 1970 1971	
Saam, Ryan 2012 2013 2014 2015	Smith, Aaron 1992	Supak, Brian 1998	Vining, Tony 1998 1999 2000 2001	Woodard, Louis 1952	
Sadler, Jesse 1949 1950	Smith, Brian 2002	Tennard, Ken 1977 1978 1979 1980	Viverette, Matthew 2011 2012 2013 2014 2015	Woodruff, Bob 1957	
Saint Cyr, Roland 1949	Smith, Brent 1979 1980 1981	Terrell, Bryant 1978	Vogt, Jared 2001 2002	Woods, Bob Joseph 1953	
Sampson, Jordan 2011	Smith, Jesse 2004 2005 2006 2007	Terry, D. D. 2005 2006	Walker, Merdolph 1947	Woods, Ethan 2017	
Sanchez, Domingo 1959	Smith, John 1946	Terry, Logan 2013 2014 2015 2016	Walters, Thel 1964 1965	Woods, Jene 1954	
Sanders, Jalani 1995 1996	Smith, Larry 1977	Theriot, Cameron 2017	Walvoord, Walter 1951	Woods, Jeremy 1996 1997 1998 1999	
Sanders, Preston 2011 2012	Smith, Rush 1956 1959	Thomas, James 2003	Ward, Aubrey 1965	Woods, Trey 1993	
Santos, Adam 2007	Sneed, Marquis 2011	Thomas, John 2006 2007 2008 2009 2010	Washington, Jeff 1996	Wooten, Adam 2003 2005	
Sargent, Ernest 1976 1977	Snyder, John 1968 1969	Thomas, Matthew 1978 1979 1980 1981	Washington, Larry 1999	Wylie, Bennie 1996	
Scholl, John 1996	Southall, Stephen 2017	Thompson, Albert 1958	Watts, Alfonso 1988 1989 1990	Yannarelli, Cy 1962 1963	
Schultz, Jacob 2011	Speaks, Chris 2016 2017	Thompson, Ashton 2004	Wendt, Tristan 2015	Yepez, Ramiro 1997	